

Directions for individual qualifiers.

1. Print each person's name that competed at the meet on the lines provided
2. Please go to www.usaswimming.org.
3. Press the "Times/Times Standards" link on the left side of the page
4. Press the 2nd option named "Individual Times"
5. Select the athlete by typing that athletes name
6. Select the "Date Range" that is needed according to the meet information
7. Go to "show all times"
8. Press the "Search" button
9. Print those pages and send it with the master form.
10. You will need to do this for all the athletes.
11. Please highlight the 6 events at the "required meets"
12. Please highlight 1 event swum at the "reimbursement" meet.

Directions for relays

1. Circle the name of the four swimmers that competed on a relay at the "reimbursement" meet.
2. Please go to www.usaswimming.org.
3. Make sure that you have followed the directions from above for each of these athletes for proof of performances.
4. You will now need to go to the "My USA Swimming" link.
5. You must log in. If you do not already have an account, you must sign up for one.
6. Go to "My USA swimming" AGAIN
7. Scroll down to "MY CLUBS MOST RECENT MEETS"
8. Press the meet link that you want to use
9. Print this page making sure that the relays at the bottom are on the printed page and highlight the same relay you circled on the master form.