
RECORDS District Record
LC Meters-Women

10 & U	50 Free	30.30	1-Jan-95	SHAQ NI	Allie Dean
	100 Free	1:07.84	1-Jan-93	HAST NI	Stacey Hardenbrook
	200 Free	2:29.02	10-Aug-05	CYRR NI	Amanda Carbaugh at Eastern Zone LC Championship
	400 Free	5:13.24	10-Aug-05	CYRR NI	Amanda Carbaugh at Eastern Zone LC Championship
	800 Free	10:49.11	23-Jun-00	SHAQ NI	Bethany Fried
	1500 Free	21:28.02	25-Jun-00	SHAQ NI	Bethany Fried
	50 Back	35.93	1-Jan-93	HAST NI	Stacey Hardenbrook
	100 Back	1:17.67	1-Jan-93	HAST NI	Stacey Hardenbrook
	200 Back	2:53.59	6-Jul-07	TWST NI	Meaghan M. Shannon at Niagara Long Course Classic
	50 Breast	39.15	22-Jun-07	TTSC NI	Emily M. Kopas at Robert F. Busbey Invitational Swim Meet
	100 Breast	1:25.45	1-Jan-85	SYCH NI	Tori DeSilvia
	200 Breast	3:05.85	6-Jul-07	TTSC NI	Emily M. Kopas at Niagara Long Course Classic
	50 Fly	33.55	1-Jan-91	AMST NI	Melissa Beck
	100 Fly	1:16.84	1-Jan-86	MCCM NI	Jessica Nixon
	200 Fly	2:56.05	14-Jul-06	UNAC NI	Skyler Hoyt at UNAC Sertoma Invitational
	200 IM	2:46.73	1-Jan-95	SHAQ NI	Allie Dean
	400 IM	6:03.92	14-Jul-06	UNAC NI	Skyler Hoyt at UNAC Sertoma Invitational
	200 Free Relay	2:17.56	1-Jan-95	SHAQ NI	Lewis, Bowman, K. Sauer, A. Dean
	400 Free Relay	5:10.96	1-Jan-95	STAR NI	A. Otto, J. Hedrick, A. Stafford, M. Wolbert
	200 Medley Relay	2:37.03	1-Jan-86	STAR NI	S. Arlotto, Smith, Morse, A. Romano
400 Medley Relay	5:49.91	1-Jan-86	STAR NI	S. Arlotto, S. Morse, Smith, S. Benz	
11-12	50 Free	27.68	28-Jul-01	STAR NI	Andrea Lehner
	100 Free	1:00.55	8-Aug-01	STAR NI	Andrea Lehner
	200 Free	2:09.95	8-Aug-01	STAR NI	Andrea Lehner
	400 Free	4:33.13	8-Aug-01	STAR NI	Andrea Lehner
	800 Free	9:35.52	8-Jun-01	STAR NI	Andrea Lehner
	1500 Free	18:48.74	1-Jan-96	STAR NI	Lara Eastmer
	50 Back	31.92	1-Jan-95	STAR NI	Elizabeth Galloway
	100 Back	1:09.41	19-Aug-01	STAR NI	Andrea Lehner
	200 Back	2:31.20	8-Jun-01	STAR NI	Andrea Lehner
	50 Breast	34.31	25-Jun-04	ITAC NI	Lindsey Norberg at Summer Sizzle
	100 Breast	1:14.81	25-Jun-04	ITAC NI	Lindsey Norberg at Summer Sizzle
	200 Breast	2:45.14	25-Jun-04	ITAC NI	Lindsey Norberg at Summer Sizzle
	50 Fly	29.40	8-Aug-01	STAR NI	Andrea Lehner
	100 Fly	1:05.77	1-Jan-88	MCCM NI	Jessica Nixon
	200 Fly	2:31.42	8-Jun-01	STAR NI	Andrea Lehner
	200 IM	2:23.38	29-Aug-01	STAR NI	Andrea Lehner
	400 IM	5:05.60	27-Jul-01	STAR NI	Andrea Lehner
	200 Free Relay	2:00.71	16-Aug-01	STAR NI	A. Lehner, A. Calandra, M. Smith, K. O'Neill
	400 Free Relay	4:23.38	13-Jul-01	SHAQ NI	J. Ruggerio, R. Giza, B. Fried, A. Dockstader
	800 Free Relay	9:31.84	16-Aug-01	SHAQ NI	B. Fried, R. Giza, J. Ruggerio, A. Dockstader
200 Medley Relay	2:14.39	17-Jul-03	ITAC NI	Eva Simitch-Warke, Lauren Norberg, Bonnie Patchen, Lindsey Norberg	
400 Medley Relay	4:57.81	14-Jul-04	ITAC NI	Kali Dean, Lauren Norberg, Lindsey Norberg, Kailey Gardner	
13-14	50 Free	26.94	27-Jul-99	EAST NI	Martha Whistler at Speedo Junior Nationals
	100 Free	58.88	1-Jan-91	MCCM NI	Sarah McKeever
	200 Free	2:05.37	1-Apr-03	STAR NI	Andrea Lehner at Spring National Championship
	400 Free	4:19.79	1-Apr-03	STAR NI	Andrea Lehner at Spring National Championship
	800 Free	8:50.50	1-Apr-03	STAR NI	Andrea Lehner at Spring National Championship

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13-14	1500 Free	16:57.46	1-Apr-03	STAR NI	Andrea Lehner at Spring National Championship
	100 Back	1:07.37	7-Jun-02	STAR NI	Andrea Lehner at STAR Longcourse
	200 Back	2:19.44	1-Apr-03	STAR NI	Andrea Lehner at Spring National Championship
	100 Breast	1:12.34	27-May-06	ITAC NI	Lindsey Norberg at BAC Memorial Day Invitational
	200 Breast	2:40.48	27-May-06	ITAC NI	Lindsey Norberg at BAC Memorial Day Invitational
	100 Fly	1:03.98	1-Jan-91	MCCM NI	Sarah McKeever
	200 Fly	2:21.14	1-Aug-02	STAR NI	Andrea Lehner at Speedo Championship Series
	200 IM	2:20.02	12-Aug-02	STAR NI	Andrea Lehner at Phillips 66 Summer Nationals
	400 IM	4:55.47	12-Aug-02	STAR NI	Andrea Lehner at Phillips 66 Summer Nationals
	200 Free Relay	1:53.57	10-Jul-03	EAST NI	K.Powalski, M.Smith, H.Whistler, S.Palma
	400 Free Relay	4:11.55	13-Aug-98	STAR NI	Lara Eastmer, Marie Wolbert, Rachael Rubin, Ginger Miller
	800 Free Relay	9:09.46	13-Aug-98	STAR NI	Lara Eastmer, Marie Wolbert, Rachael Rubin, Ginger Miller
	200 Medley Relay	2:07.25	23-Jun-05	ITAC NI	E. Simitch-Warke, L. Norberg, L. Todhunter, K. Dean
	400 Medley Relay	4:48.77	27-May-06	ITAC NI	Lauren Norberg, Kailey Gardner, Caitlin Nicholson, Kali Dean
	15-16	50 Free	26.75	24-Jul-03	SYCH NI
100 Free		59.16	31-Jul-07	ITAC NI	Lindsey Norberg at ConocoPhillips National Championships
200 Free		2:06.67	31-Jul-07	TTSC NI	Marissa L. Dressel at ConocoPhillips National Championships
400 Free		4:24.11	19-Jul-07	ITAC NI	Kailey Gardner at Speedo Champions Series Meet
800 Free		9:03.29	19-Jul-07	ITAC NI	Kailey Gardner at Speedo Champions Series Meet
1500 Free		17:20.69	19-Jul-07	ITAC NI	Kailey Gardner at Speedo Champions Series Meet
100 Back		1:05.33	27-Jul-06	PACK NI	Jenny Lewis at Empire State Games
200 Back		2:23.15	1-Jan-96	MCCM NI	Ashby Baldock
100 Breast		1:10.92	7-Aug-06	ITAC NI	Lindsey Norberg at Speedo Junior National Championship
200 Breast		2:38.99	19-Jul-07	ITAC NI	Lauren Norberg at Speedo Champions Series Meet
100 Fly		1:03.41	1-Jan-83	UNAT NI	Edwina Lerner
200 Fly		2:17.58	1-Jan-83	UNAT NI	Edwina Lerner
200 IM		2:22.99	19-Jul-07	ITAC NI	Lauren Norberg at Speedo Champions Series Meet
400 IM		4:59.12	19-Jul-07	TTSC NI	Marissa L. Dressel at Speedo Champions Series Meet
200 Free Relay		1:52.66	9-Aug-05	TTSC NI	S. Palma, J. Anthone, A. Dockstader, N. Lewis
400 Free Relay		4:02.64	9-Aug-05	TTSC NI	A. Dockstader, J. Anthone, S. Palma, N. Lewis
800 Free Relay		8:50.27	1-Jan-87	MCCM NI	K. Small, Lorensen, Miller, Hall
200 Medley Relay		2:15.42	22-Jun-06	ITAC NI	Eva Simitch-Warke, Phoebe Kotlikoff, Bonnie Patchen, Emily Peck
400 Medley Relay		4:36.53	1-Jan-87	MCCM NI	Miller, R. Teske, Hall, Mihal
17-18		50 Free	27.00	1-Jan-89	AMSC NI
	100 Free	58.25	1-Jan-96	SHAK NI	Kim Black
	200 Free	2:07.13	6-Aug-07	SYCH NI	Ashley G. Twichell at Speedo Junior National Championships
	400 Free	4:23.59	1-Jan-88	MCCM NI	Kim Small
	800 Free	8:53.79	1-Jan-88	MCCM NI	Kim Small
	1500 Free	16:39.46	1-Jan-90	ZAC NI	Katie Girard
	100 Back	1:05.03	31-Jul-07	PACK NI	Jenny R. Lewis at ConocoPhillips National Championships
	200 Back	2:24.31	1-Jan-85	MCCM NI	Anna Martins
	100 Breast	1:13.77	1-Jan-93	SYCH NI	Tori DeSilvia
	200 Breast	2:37.62	1-Jan-84	STAR NI	Erin Hurley
	100 Fly	1:02.82	1-Jan-93	SYCH NI	Tori DeSilvia
	200 Fly	2:14.82	1-Jan-93	SYCH NI	Tori DeSilvia
	200 IM	2:23.93	1-Jan-93	MCCM NI	Jessica Nixon
	400 IM	5:04.79	8-Aug-01	FAST NI	Holly Williams at Eastern Zone
	200 Free Relay	1:58.18	1-Jan-94	AMSC NI	Cook, Cook, L. Balzer, J. Cordero
	400 Free Relay	4:02.51	1-Jan-85	MCCM NI	Herweck, Martins, Choromanskis, Cleary
	800 Free Relay	8:47.78	1-Jan-85	MCCM NI	Herweck, Martins, Choromanskis, Cleary
	200 Medley Relay	2:15.63	1-Jan-80	AMSC NI	Rupp, Sommer, Nugent, Bewely

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17-18	400 Medley Relay	4:32.25	1-Jan-85	MCCM NI	Cleary, Hertweck, Choromanskis, Martins
	50 Free	26.56	1-Jan-96	SHAK NI	Kim Black
	100 Free	57.86	1-Jan-84	VA VA	Michelle Griglione
	200 Free	2:01.72	1-Jan-92	MCCM NI	Kim Small
	400 Free	4:12.11	1-Jan-92	MCCM NI	Kim Small
	800 Free	8:35.48	1-Jan-92	MCCM NI	Kim Small
	1500 Free	16:23.49	1-Jan-92	MCCM MR	Kim Small
	100 Back	1:04.76	1-Jan-81	MD MD	Teresa Andrews
	200 Back	2:17.92	1-Jan-95	HWAC	Joanne Molar
	100 Breast	1:10.92	7-Aug-06	ITAC NI	Lindsey Norberg at Speedo Junior National Championship
	200 Breast	2:37.07	19-Mar-02	SYRU NI	Annie Tudryn at Phillips 66 National Swimming
	100 Fly	1:01.64	2-Dec-04	UN NI	Lindsay Henahan at US Open Swimming Championships
	200 Fly	2:14.82	1-Jan-93	SYCH NI	Tori DeSilvia
	200 IM	2:19.12	1-Jan-95	HWAC	Joanne Malar
	400 IM	4:52.51	1-Jan-95	HWAC	Joanne Malar
	200 Free Relay	1:49.13	1-Jan-96	SHAK NI	Tay, Cowan, DeSilvia, Black
	400 Free Relay	3:54.28	1-Jan-81	MWUS	Wahut, Wallner, Thomas, Fila
	800 Free Relay	8:24.36	1-Jan-81	WUS	Cox, White, Wayte, Linke
	200 Medley Relay	2:02.28	7-Aug-06	ITAC NI	Eva Simitch-Warke, Lindsey Norberg, Logan Todhunter, Emily Peck
	400 Medley Relay	4:21.05	1-Jan-81	MWUS	Nickolson, Brown, Larson, Washut

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LC Meters-Men

10 & U	50 Free	29.76	1-Jan-96	UBAM NI	Mark Rubin
	100 Free	1:06.32	1-Jan-96	UBAM NI	Mark Rubin / Ryan D. Nicholson [1-12-2007] LCAT
	200 Free	2:22.83	12-Jan-07	LCAT NI	Ryan D. Nicholson at Burgdorff Invitational
	400 Free	5:06.98	27-Jul-07	PACK NI	PJ Ransford at Niagara Longcourse JO's
	800 Free	11:31.19	1-Jan-94	MCCM NI	Ryan Lochte
	50 Back	34.10	1-Jan-96	UBAM NI	Mark Rubin
	100 Back	1:14.34	1-Jan-96	UBAM NI	Mark Rubin
	200 Back	2:51.62	1-Jan-95	MCCM NI	Ryan Lochte
	50 Breast	39.73	1-Jan-96	SHAQ NI	Filip Bazlewicz
	100 Breast	1:27.69	1-Jan-96	SHAQ NI	Filip Bazlewicz
	200 Breast	3:23.60	2-Jun-06	STAR NI	Declan McLaughlin at STAR Kick-Off Long Course ABC Meet
	50 Fly	32.11	17-Jul-97	NEWD NI	Jeff Wood
	100 Fly	1:11.25	6-Aug-97	NEWD NI	Jeff Wood
	200 Fly	3:06.50	1-Jan-95	MCCM NI	Ryan Lochte
	200 IM	2:44.22	6-Aug-97	NEWD NI	Jeff Wood
	400 IM	6:14.45	1-Jan-86	STAR NI	Scott Burns
	200 Free Relay	2:13.73	1-Jan-89	STAR NI	B. Nowicki, D. Wolbert, D. Smith, A. McCann
	400 Free Relay	5:04.94	1-Jan-89	STAR NI	B. Nowicki, D. Wolbert, D. Smith, A. McCann
	200 Medley Relay	2:31.05	1-Jan-85	STAR NI	C. Plumb, J. Andrews, S. Burns, A. Rugnetta
	400 Medley Relay	5:44.62	1-Jan-86	STAR NI	B. Billings, S. Burns, J. Cetin, M. Crotty
11-12	50 Free	26.59	9-Jul-98	STAR NI	Mark Rubin
	100 Free	57.57	5-Aug-98	STAR NI	Mark Rubin
	200 Free	2:06.75	5-Aug-98	STAR NI	Mark Rubin
	400 Free	4:27.50	5-Aug-98	STAR NI	Mark Rubin
	800 Free	9:46.84	1-Jan-89	STAR NI	Scott Burns
	1500 Free	18:54.53	1-Jan-89	STAR NI	Scott Burns
	50 Back	30.72	8-Aug-01	UBAM NI	Jeffrey Zhou
	100 Back	1:08.29	8-Aug-01	UBAM NI	Jeffrey Zhou at Eastern Zone
	200 Back	2:35.12	1-Jan-93	FAST NI	Matt Moreno
	50 Breast	32.59	9-Aug-00	GRRR NI	Jon Roberts
	100 Breast	1:13.29	11-Aug-00	GRRR NI	Jon Roberts
	200 Breast	2:49.51	8-Aug-07	TTSC NI	Declan T. McLaughlin at Eastern Zone Age Group Long Course Champs
	50 Fly	29.08	9-Aug-00	GRRR NI	Jon Roberts
	100 Fly	1:04.71	5-Aug-98	STAR NI	Mark Rubin
	200 Fly	2:25.93	8-Aug-07	SEAS NI	Sean A. Ledford at Eastern Zone Age Group Long Course Champs
	200 IM	2:25.57	10-Aug-00	GRRR NI	Jon Roberts
	400 IM	5:26.87	19-May-07	SEAS NI	Sean A. Ledford at Splish Splash 2
	200 Free Relay	1:59.42	1-Jan-92	MCCM NI	J. Scibilia, L. Fears, R. Burnside, A. Meek
	400 Free Relay	4:24.15	1-Jan-88	STAR NI	J. Maki, S. Burns, J. Billings, M. Crotty
	800 Free Relay	10:28.65	1-Jan-84	WEST NI	Newton, M. Sommer, J. Esposito, S. Mellor
	200 Medley Relay	2:19.75	1-Jan-83	STAR NI	Swimmer names not available.
	400 Medley Relay	5:06.68	1-Jan-92	MCCM NI	J. Scibilia, R. Burnside, L. Fears, A. Meek
13-14	50 Free	24.69	9-Aug-00	EAST NI	Mark Rubin
	100 Free	53.56	9-Aug-00	EAST NI	Mark Rubin
	200 Free	2:01.12	1-Jan-94	MCCM NI	Andrew Meek
	400 Free	4:14.28	8-Aug-01	GRRR NI	Jeff Wood
	800 Free	8:43.07	8-Aug-01	GRRR NI	Jeff Wood
	1500 Free	16:37.20	8-Aug-01	GRRR NI	Jeff Wood

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13-14	100 Back	1:01.09	9-Aug-00	EAST NI	Mark Rubin
	200 Back	2:16.38	1-Jan-98	EAST NI	David Hogenkamp
	100 Breast	1:06.08	1-Aug-02	GRRR NI	Jon Roberts at Speedo Championship Series
	200 Breast	2:24.25	1-Aug-02	GRRR NI	Jon Roberts at Speedo Championship Series
	100 Fly	58.68	1-Aug-02	GRRR NI	Jon Roberts at Speedo Championship Series
	200 Fly	2:11.12	8-Aug-01	GRRR NI	Jeff Wood
	200 IM	2:09.26	1-Aug-02	GRRR NI	Jon Roberts at Speedo Championship Series
	400 IM	4:38.85	7-Aug-02	GRRR NI	Jon Roberts at Eastern Zone
	200 Free Relay	1:49.70	16-Aug-01	GRRR NI	J. Roberts, N. Reisch, B. Monti, J. Wood
	400 Free Relay	4:00.35	1-Jan-87	AMSC NI	J. Esposito, T. Kuryak, R. Hofstetter, Renzoni
	800 Free Relay	8:58.89	16-Aug-01	GRRR NI	J. Roberts, G. Conklin, B. Monti, J. Wood
	200 Medley Relay	2:05.13	1-Jan-84	STAR NI	Walker, J. Beck, Arlotto, Rogers
	400 Medley Relay	4:32.92	16-Aug-01	GRRR NI	J. Wood, B. Monti, J. Roberts, G. Conklin
15-16	50 Free	24.51	1-Jan-83	AMSC NI	John Hodge
	100 Free	53.04	1-Jan-83	AMSC NI	John Hodge
	200 Free	1:56.32	5-Aug-03	FAST NI	Jeff Wood at ConocoPhillips Summer Nationals
	400 Free	4:07.23	1-Jan-84	MCCM NI	Rick Aronberg
	800 Free	8:28.14	1-Jan-84	MCCM NI	Rick Aronberg
	1500 Free	16:21.01	6-Aug-07	SYCH NI	Dan O'Connor at Speedo Junior National Championships
	100 Back	58.86	7-Aug-06	FAST NI	Ricky Henahan at Speedo Junior National Championship
	200 Back	2:09.97	7-Aug-06	FAST NI	Ricky Henahan at Speedo Junior National Championship
	100 Breast	1:04.20	3-Aug-04	GRRR NI	Jon Roberts at ConocoPhillips National Championship
	200 Breast	2:21.55	3-Aug-04	GRRR NI	Jon Roberts at ConocoPhillips National Championship
	100 Fly	57.31	5-Aug-03	GRRR NI	Jon Roberts at ConocoPhillips National Championship
	200 Fly	2:12.42	1-Jan-96	JETS NI	Bruce Derrick
	200 IM	2:08.71	24-Jul-03	GRRR NI	Jon Roberts at Speedo Champions Series
	400 IM	4:37.32	1-Jan-91	SYCH NI	Jeff Henderson
	200 Free Relay	1:44.57	1-Jan-87	STAR NI	K. Makeyenko, Derrick, Arlotto, J. O'Connor
	400 Free Relay	3:50.42	1-Jan-84	STAR NI	Fix, Joyce, Hook, G. Triepel
	800 Free Relay	8:36.92	16-Aug-01	GRRR NI	J. Wood, L. Weniger, C. Ekimoff, S. Nims
	200 Medley Relay	1:56.32	3-Jun-05	FAST NI	R. Henahan, J. Fisher, A. Ababovic, D. Eisemann
	400 Medley Relay	4:16.69	14-Jul-04	FAST NI	D Gallagher, J Fisher, B Damtoft, P Henahan
	17-18	50 Free	23.91	1-Jan-88	MCCM NI
100 Free		52.00	1-Jan-85	STAR NI	John Hodge
200 Free		1:54.42	1-Jan-86	MCCM NI	Rick Aronberg
400 Free		3:58.78	1-Jan-86	MCCM NI	Rick Aronberg
800 Free		8:10.80	1-Jan-86	MCCM NI	Rick Aronberg
1500 Free		15:37.56	1-Jan-86	MCCM NI	Rick Aronberg
100 Back		57.46	31-Jul-07	FAST NI	Ricky Henahan at ConocoPhillips National Championships
200 Back		2:07.05	1-Jan-91	SYCH NI	Jamie Secor
100 Breast		1:05.28	1-Jan-88	MCCM NI	Lief Engstrom-Heig
200 Breast		2:23.82	1-Jan-88	MCCM NI	Lief Engstrom-Heig
100 Fly		56.06	22-Jul-04	GRRR NI	Luke Weniger at Speedo Champions Series
200 Fly		2:08.14	1-Jan-85	AMSC NI	Dave Shraven
200 IM		2:08.99	1-Jan-91	SYCH NI	Jamie Secor
400 IM		4:32.46	1-Jan-91	SYCH NI	Jamie Secor
200 Free Relay		1:43.11	3-Jun-05	FAST NI	J. Wood, B. Possee, D. Gallagher, J. Amon
400 Free Relay		3:40.39	1-Jan-89	STAR NI	K. Zilch, Arlotto, J. O'Connor, Derrick
800 Free Relay		8:05.55	1-Jan-89	STAR NI	Derrick, Arlotto, J. O'Connor, K. Zilch
200 Medley Relay		1:57.52	1-Jan-80	LJSC NI	Brown, Henry, Lewandowski, Eland
400 Medley Relay		4:01.74	1-Jan-89	STAR NI	K. Zilch, Arlotto, O'Connor, Derrick

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50 Free	23.64	1-Jan-92	JG	Jim Harvey
100 Free	51.74	1-Jan-81	CLA	Robin Leamy
200 Free	1:51.76	1-Jan-88	MCCM NI	Rick Aronberg
400 Free	3:56.58	1-Jan-92	SYRU NI	Jay Craft
800 Free	8:05.07	1-Jan-83	MR MR	Tony Corpiscero
1500 Free	15:26.84	1-Jan-83	MR MR	Tony Corpiscero
100 Back	56.66	1-Jan-84	MR MR	Rick Carey
200 Back	2:02.33	1-Jan-84	MR MR	Rick Carey
100 Breast	1:03.65	1-Jan-91	MCCM NI	Leif Engstrom-Heig
200 Breast	2:21.67	1-Aug-02	SOCO CT	Ryan Cassella at 2002 Speedo Championship
100 Fly	55.39	1-Jan-93	SYRU NI	Sebastian Goulet
200 Fly	2:02.44	1-Jan-93	SYCH NI	Jay Craft
200 IM	2:06.74	1-Jan-81	GA GA	Bill Barrett
400 IM	4:30.55	1-Aug-02	RU NJ	Joseph Mammano at 2002 Speedo Championship
200 Free Relay	1:35.79	1-Jan-94	PDR	Cox, Wade, Norment, Freeland
400 Free Relay	3:28.62	1-Jan-82	WUS	MacDonald, Leamy, Thornton, Cavanaugh
800 Free Relay	7:40.41	1-Jan-93	SYRU NI	Craft, Secor, Goulet, Fraas
200 Medley Relay	1:55.39	10-Jun-01	SYCH NI	T. Nowakowski, F. Williams, P. Chaffee, M. Slater
400 Medley Relay	3:53.33	1-Jan-81	WUS	Engs, Barrett, Harris, Cavanaugh