

Gender	LSC	Activity	Where Accident Occurred	Description of Accident	Description of Injury
Female	AD - Adirondack Swimming	Practice / Water	In Water	The swimmer was negotiating a flip turn in the shallow end of the pool. On approach of the wall she initiated her summersault and the force of the movement caused her to dislocate her right shoulder.	Dislocated right shoulder
Female	AD - Adirondack Swimming	Meet / Warm-up	On Blocks	8:48 am Sprint Warmup on block 6. Swimmer slid off side of block onto deck floor directly on tailbone, bouncing and landing on gutter of pool.	landed on tailbone on deck, bounced to gutter of pool.
Female	AD - Adirondack Swimming	Practice / Water	In Water	Swimmer was doing Backstroke and swam into the shallow end wall head first.	Minor concussion
Female	AD - Adirondack Swimming	Meet / Competition	On Blocks	On the swimming block, cut left foot.	Left foot, cut
Female	AD - Adirondack Swimming	Meet / Warm-up	In Water	During warm up boy swam backstroke without looking and slammed head into athlete Athlete had a head on collision with another swimmer. Neither swimmer exhibited any disorientation or much discomfort after the incident. However, after practice the coach noticed a knot on athletes forehead. The other swimmer had no noticeable injury or complaint.	athletes head was hit by another swimmer
Female	AK - Alaska Swimming	Practice / Water	In Water		Knot on forehead over right eye.
Female	AK - Alaska Swimming	Practice / Dry-Land	Outside Venue	Athlete was running backward on the field during dryland, fell, and hit her head.	Hit her head when falling on the turf field; she did not lose consciousness but reported seeing stars and feeling dizzy immediately afterward.
Female	AM - Allegheny Mtn Swimming	Practice / Water	Deck	Swimmer was walking along the edge of the pool talking to her teammates. She was looking left but moving forward when the leading edge of her right temple came in contact with a pole.	Swimmer split the skin near the right temple. Coach believed swimmer would require stitches.
Female	AM - Allegheny Mtn Swimming	Meet / Competition	Locker Room	Swimmer was coming out of locker room door and slipped and fell landing on wrist - forearm area.	Swimmer complained of pain in lower wrist area, just at base near hand. Wrist had some swelling.
Male	AM - Allegheny Mtn Swimming	Meet / Competition	On Blocks	swimmer hit 2nd toe of left foot off block	tore toe nail of 2nd toe on left foot
Female	AM - Allegheny Mtn Swimming	Meet / Competition	Locker Room	Slipped on the floor in ladies locker room and fell.	red mark on chin that started bruising
Male	AM - Allegheny Mtn Swimming	Meet / Competition	Deck	Official was walking along the side of the pool (closest to lane 1) observing the swimmers, when he missed stepped and fell into the water.	The official was not injured. We were told by meet ref that an incident needed to be completed.
Female	AM - Allegheny Mtn Swimming	Practice / Water	Deck	Swimmer stepped off of pool deck while walking with her equipment bag before the workout began. Swimmer stepped off with her right foot, landing on rear end and left elbow.	Open gash on left arm near elbow.
Female	AR - Arkansas Swimming	Meet / Competition	In Water	Swimmer had a very fast finish in the 50 freestyle race and broke her hand by hitting the touchpad/wall.	Swimmer had a very fast finish in the 50 freestyle race and broke her hand by hitting the touchpad/wall. It is her right foot. Inside of big toe running up to arch. The clinic where she was seen on Monday afternoon said she has a sprain. They say she can swim, however, it hurts still. More after a lot of walking by the end of the dav.
Female	AZ - Arizona Swimming	Practice / Dry-Land	Deck	Athlete arrived on the deck and walked over to begin dryland. We just got our pool deck resurfaced. She slipped and fell on the deck.	
Female	AZ - Arizona Swimming	Meet / Competition	walking out of venue trip off sidewalk	Injured was texting on the phone and didnt see curb of sidewalk and fell.	brusies, scratches and swelling.
Female	AZ - Arizona Swimming	Fell in wash walking from off site designated parking.	See above	Walking to swim meet from designated parking area to competition site. Caught herself on fall with her wrist.	Fell on left wrist and hand.
Female	AZ - Arizona Swimming	Game	Outside Venue	athlete was playing a game in the field. She tripped and fell, tried to brace her fall with her hands and hurt her wrist.	Buckle fracture of wrist.
Female	AZ - Arizona Swimming	Practice / Water	On Blocks	Swimmer was climbing out at start end of pool and caught left temple on underside of block	cut on left temple
Male	AZ - Arizona Swimming	Meet / Competition	In Water	Swimmer did not see bulkhead and ran into it, hitting head, and right hand	Bump to crown of head, scrapes to knuckles right hand

Female	AZ - Arizona Swimming	Practice / Dry-Land	Grass Area behind pool bleachers	athlete was doing a build jogging exercise when she experienced inner knee pain. She sat out for a few minutes and did not complain of any pain until the end of practice where she was having pain while walking.	Pain on the inner part of the knee while walking, standing with a locked out leg, and twisting the knee.
Male	AZ - Arizona Swimming	Grass near deck	Deck	Ran into pole face first. Sliced nose. Swimmer was exiting the pool after practice. His left knee was supporting his weight as he was pulling himself up. He slipped backwards and twisted in the opposite direction his leg and knee were going. The swimmer was complaining of lateral knee pain and quad pain.	Cut on nose
Male	CA - So. California Swimming	Practice / Water	In Water	athlete was swimming in shallow end and was kicked by another swimmer. He was immediately in pain, and was asked to get out and dry off. His mother was contacted.	Knee swollen and not supporting weight Mild scrape
Male	CA - So. California Swimming	Practice / Water	In Water	athlete was swimming a 25 backstroke sprint. No one realized that the flags were off and the wind had pushed them closer to the wall than normal. athlete's stroke count was off because of this and his head collided with the wall. He stayed in the water and told me (his coach) that his neck was bothering him. I caught the end of the accident and thought his arm just hit the wall but he told me it was his head. I told him to take time on the wall and not to finish the set. After a few more minutes of hanging on the wall he still looked to be in a lot of pain so he got out of the pool and I recommended we go to the lifeguard station. From there the lifeguards handled the injury. Athlete ended up being strapped down in a back/neck support and the ambulance took him to the hospital for further tests.	Kicked in ear. Sent to MD. Has ruptured ear drum.
Male	CA - So. California Swimming	Practice / Water	In Water	While demonstrating a balancing push up streamline body position to swimmers I dislocated my right elbow.	Head/neck injury when going into the wall sprinting backstroke
Male	CA - So. California Swimming	Practice / Dry-Land	an area for drylan in the facility	The swimmer was engage in a dryland activity and was accidentally pushed by another swimmer, which caused her to fall directly on her left wrist.	Dislocation of right elbow joint and damaged it's ligaments.
Female	CA - So. California Swimming	Practice / Dry-Land	Outside Venue	He was swimming breaststroke, and felt his knee pop during a breaststroke kick. He stopped swimming and had trouble bending his knee.	The swimmer's left wrist appeared swollen.
Male	CA - So. California Swimming	Practice / Water	In Water	Accidentally put his arm through the fence while catching a frisbee. The swimmer was in one of the warmup lanes (lane 3) and was taking a 10 second rest with arm extended and hand on the wall in ready position. Another swimmer jumped feet first into the pool and landed on the original swimmer's right shoulder.	torn meniscus
Male	CA - So. California Swimming	Practice / Dry-Land	Deck	Swimmer, walking in flip-flops and wearing goggles, tripped over a hand card and fell onto deck on arm.	Bruised and abrasion wrist/arm.
Female	CA - So. California Swimming	Meet / Warm-up	In Water	He was getting out of the pool after his race and hit his knee on the deck.	Bruising, swelling, redness on the shoulder where the contact occurred. Loss of full range of motion.
Male	CA - So. California Swimming	Meet / Competition	Deck	Swimmer doing backstroke start collided with swimmer warming down. Watching brother being treated for dislocation injury, child fainted and collapsed to ground	Painful right arm
Male	CA - So. California Swimming	Meet / Competition	Deck	Entered pool during morning warmup and hit bottom of pool. toes curled when they hit. toe dislocated, pointing out. bleeding between toes.	Cut near top of his left knee cap. There was a lot of blood and a small white piece hanging out.
Male	CA - So. California Swimming	Meet / Warm-up	In Water		Left lower eyelid split open
Female	CA - So. California Swimming	on deck	Deck		When fainting, struck head on concrete
Male	CA - So. California Swimming	Meet / Warm-up	In Water		Dislocated toe; bleeding between toes

Female	CA - So. California Swimming	Practice / Water	In Water	<p>Dryland 5:45 - athlete seemed to be coughing and said she was having an asthma attack but said she had it under control. Let her relax and control breathing 6:05 - in water swimming. During warm up athlete was coughing a little at first but seemed to be ok. Was not having any breathing problems 6:30 - second bout of coughing. Said she was ok 6:55 - third bout of coughing, athlete had pulled herself out of the water at this point and said she couldn't control breathing. Started working on good breathing patterns with her... counting out breathing and working on keeping it under control. First thing she said to me was "I don't want to get out because my dad is going to get mad at me" After assuring her that he wouldn't, she then said, "my dad was mad at me last time I had an asthma attack." Continued to assure athlete that her father would still not be mad at her Masters coach comes over to help out but athlete continues to say that dad is going to be mad I call over to brother and athlete begins to hyperventilate even worse at this point; breathing comes back under control 7:05 - Father is called the first time.... No answer 7:10 - Head coach comes over to help with situation and says he is going to get phone to call dad...hyperventilation starts again. Head coach calls dad multiple times, but does not answer phone We attempt to walk back over to bag so we can wait for parents 7:15 - COI administers C02 to help with breathing... athlete passes out first time... comes to ER called by COI and dispatched 7:28 - Mother calls and says she is on her way 7:35- athlete is handed off to medics and mother arrives 7:45 -athlete is carted off via medics to hospital for observation</p>	Started as asthma attack and then lead to hyperventilation issue
Male	CA - So. California Swimming	Meet / Warm-up	In Water	<p>During race he felt like he started hyperventilating. Muscles got heavy. After conclusion of race he went to the warm down pool and his teammate said his nose was bleeding. Felt faint after exiting warm down pool.</p>	Muscles got heavy; nose bleed; felt faint after exiting warm down pool.
Female	CA - So. California Swimming	Meet / Competition	Deck	<p>SWIMMER STUNG BY BEE AND HAD REACTION (SWELLING OF UPPER LIP). MOM HAD EPI-PEN AND ADMINISTERED IT. WAS ALSO ATTENDED TO BY 2 PARENTS (PEDITRICIAN AND NURSE PRACTITIONER)</p>	SWOLLEN LIP FROM BEE STING
Female	CA - So. California Swimming	Practice / Dry-Land	Outside Venue	<p>Was running and tripped over another athletes foot as she was trying to pass him.</p>	Scraped left knee, scraped left elbow, painful right wrist
Male	CA - So. California Swimming	Meet / Competition	In Water	<p>Swimming race, missed his 3rd turn, put his arm out through the gutter and hit his head. Turned and completed race. swimmer did not think he was injured.</p>	Hit head on wall during missed turn. put arm thru gutter
Female	CA - So. California Swimming	Meet / Competition	In Water	<p>Hit the wall with the back of her left hand.</p>	Back of hand was red and swollen and slightly black and blue
Female	CA - So. California Swimming	Meet / Competition	In Water	<p>Caught little toe on edge of pool and sprained or broke it.</p>	Sprained or broken toe.
Male	CA - So. California Swimming	Practice / Dry-Land	Outside Venue	<p>Doing plank exercise misplaced foot and twisted toe incorrectly.</p>	Pain in middle toe
Male	CA - So. California Swimming	Practice/Locker Room	Locker Room	<p>athlete was hit by another swimmer in the mens locker room & had a red handprint left on the upper middle of his back. Several other young boys were hit by this older swimmer as well. Boys were in the shower when an older swimmer hit swimmer and a few other boys. Swimmer said the boy that hit him was older/tall, was really tan, curly hair, red jammers. This all happened when the white group got out of the water at 5 pm. The boy that was hitting does not swim in white group, he is older. Coaches were notified</p>	No injury occurred. "Battery", a red handprint was left on injured party's back.

Female	CA - So. California Swimming	Practice / Water	In Water	During training, athlete was kicked in her right side by a swimmer in the neighboring lane doing breaststroke.	athlete notified me that she was kicked by someone and told me it "really hurts" and a moment later after resting on the wall I asked her how she was doing and she said it was starting to "burn." I got her out of the pool and asked her to show me where it hurt and asked if it hurt more/less/same since she was kicked. She raised her arm and said it hurt more when she did that and she pointed to her lower right ribs. I immediately got assistance from the facility lifeguards. They provided ice while I notified athletes parents that she had been hurt.
Male	CA - So. California Swimming	Practice / Water	In Water	athlete was swimming backstroke in the pool heading toward the wall for a finish. There was another swimmer that was waiting on the wall for his turn. The swimmer preemptively took off from the wall. The swimmer who preemptively jumped off the wall hit the back of his head to the top front left of claimants head. claimant was immediately taken out of the water and assessed for injury by the coach.	Parent found: broken front bottom right middle tooth Tongue bleeding (minimal) headache, but no bumps on top of the head where the injury occurred.
Male	CA - So. California Swimming	Meet / Competition	Deck	10YRS OLD post respiratory infection(croup)having trouble with cough and slight breathing issues able to talk well, no use of accessory muscle noted, cough with congestion noted	as above
Female	CA - So. California Swimming	Meet / Competition	On Blocks	She was on the blocks getting ready to dive in the water; realized that she was diving too soon and in trying to stop the dive she flipped forward hitting her mouth on the block and on the side of the pool.	Cut on the lower lip; abrasion on right wrist; two broken teeth.
Male	CA - So. California Swimming	Meet / Warm Down	In Water	athlete had just entered the water with a 3 point entry, gone under the water, and was coming back to the surface when another swimmer jumped in the water feet first and hit athlete in the face breaking his goggles and cutting his skin under his left eye.	cut below left eye and potentially a black eye.
Male	CA - So. California Swimming	Playing in the field	Outside on playing field	Playing soccer outside on a field and ran into someones arm and his front tooth fell out on the right side.	Fake tooth fell out. Bleeding on the lips and tooth.
Female	CA - So. California Swimming	Practice / Water	In Water	Swimmer was exiting the pool and cut her finger on the bulk head	cut finger
Female	CA - So. California Swimming	Meet / Warm-up	In Water	Swimmer performing backstroke start collided with swimmer warming down.	bump under eye
Female	CA - So. California Swimming	Practice / Water	In Water	Swimmer hit the wall and slammed her L elbow against the wall	L elbow was injured
Female	CA - So. California Swimming	Meet / Competition	In Water	At conclusion of race on wall she jammed fingers; right hand little 2 middle (ring and little fingers).	She jammed fingers; right hand little 2 middle (ring and little fingers).
Female	CC - Central California Swimming	Restroom	Locker Room	Pulled open door to bathroom and metal on door sliced toe (left big toe).	cut big toe
Male	CO - Colorado Swimming	Meet / Competition	In Water	Swimmer was swimming 400 relay after turn came up and stopped complained of back pain and hung on lane line. Swimmer was back boarded and taken to the hospital	Back pain
Male	CT - Connecticut Swimming	Meet / Competition	Deck	Athlete stood up from a bent over position and felt sharp pain in neck	Severe pain on left side of neck
Female	CT - Connecticut Swimming	Meet / Competition	In Water	Teammate accidentally hit swimmer while doing butterfly in warm up	Slight laceration and inflamed Lip
Male	CT - Connecticut Swimming	Meet / Competition	In Water	When pushed off wall ran into another swimmer	laceration below eye and above eye
Male	CT - Connecticut Swimming	Meet / Competition	In Water	Swimming back stroke and cut right middle finger on tile in pool	Cut right middle finger
Male	CT - Connecticut Swimming	Practice / Dry-Land	balcony	2 boys were using medicine balls and were doing an exercise we call under legs. They were throwing the ball a little too hard and the medicine ball went thru one of the boys legs and cracked a large outside window. The replacement of the window cost \$1,045.00. No one was hurt.	No Injury
Male	FG - Florida Gold Coast Swimming	Practice / Water	In Water	athlete was swimming and when he pushed off the wall cut his foot on the touch pad. The frame had a sharp edge that had come loose.	Cut on foot
Male	FG - Florida Gold Coast Swimming	taking team tent down	grassy area on side of deck	Coach was taking down his team tent and cut his skin on a sprinkler head.	while taking down his team tent, the coach cut his skin on a sprinkler head in the grassy area next to the deck.
Male	FL - Florida Swimming	Practice / Dry-Land	on run	Running tripped fell, broke the fall with hands	Broken bone on outside of wrist

Female	FL - Florida Swimming	Meet / Competition	Deck	Athlete suffered from severe coughing due to air quality issues within the facility. Other athletes at competition were coughing as well, EMS was conducted by someone at meet, fire personnel arrived to advise increased air-flow. Upon return from competition, athlete's cough persisted, need health care treatment. Athlete was diagnosed by doctor with caustic asthma, and was prescribed an inhaler.	Chronic coughing, trouble breathing
Male	FL - Florida Swimming	Practice / Water	In Water	Swimming freestyle during warm-up and shoulder popped out.	dislocated shoulder at beginning of practice in the water
Female	FL - Florida Swimming	Practice / Water	In Water	During a stramline set the swimmer hit her hand finger at the wall	Maybe has bronken her mid finger Medial wrist with little to no swelling or bruising. Skin was red around the area of the injury but no skin was broken. Ice was applied to the injured area immediately following accident.
Female	FL - Florida Swimming	Practice / Dry-Land	Deck	During relay running races swimmer hit her wrist on a metal gate when turning around. She then went to the coach following the accident. The coach provided her with ice and she sat out the remainder of practice.	was tested- has mild concussion Dime size chunk cut from bottom of right foot. Significant bleeding, took a solid 1/2 hour to stop.
Female	FL - Florida Swimming	Practice / Dry-Land	Deck	medicine ball hit chin, head hit the ground	This was a recurrence of a heart irregularity event that has happened to her before, but was unexpected.
Female	FL - Florida Swimming	Practice / Water	In Water	Cut bottom of right foot on bottom of pool. Swimmer thinks it was on the heater output.	The chin had a cut that was about an inch long. Clean slice on ring and pinky finger. Hit her head on the wall with complaints of a head ache, dizziness which got better as time went on.
Female	FL - Florida Swimming	volunteer timer	Hallway	Heart irregularity	No injury, he just said that he hit the side of his head on the bottom of the pool while diving in.
Female	FL - Florida Swimming	Practice / Water	Deck	Athlete slipped going around the corner of the pool. Athlete hit chin on the edge of the pool.	felt dizzy after event
Female	FL - Florida Swimming	Practice / Water	In Water	Doing freestyle drill, cut fingers on tile on bottom of the pool.	No visual injuries
Female	FL - Florida Swimming	Practice / Water	In Water	Swimmer mis-counted strokes to the wall on backstroke and hit her head. She had a previous concussion in September/October of 2014.	Head ache, nausea tender to touch, free pull hurts
Male	FL - Florida Swimming	Practice / Water	In Water	While performing running dive, he hit side of his head on the bottom of the pool. He said he didn't have a headache and said he was fine, but mentioned that it happened.	Head injury, soar, bump, pain.
Male	FL - Florida Swimming	after swam event	after race	Right after race swimmer felt dizzy. Prior concussion.	thumb trauma
Female	FL - Florida Swimming	Practice / Water	In Water	Swimmer "swam" in to another swimmer. Both seemed okay, was not technically head on, but Sydney was very scared.	
Female	FL - Florida Swimming	Practice / Water	In Water	Swimmer came off on wrong side of the lane and hit her head first.	
Female	FL - Florida Swimming	Practice / Dry-Land	Deck	Athlete hit elbow on metal bar doing dry land exercises. Someone jumped in on his head and he didn't know where the person went or who it was. It broke his goggle strap and caused a great amount of pain. No visible bleeding occurred.	
Male	FL - Florida Swimming	Meet / Competition	In Water	Swimmer was winding up tarp pulley and right thumb got wedged between the block and handle.	
Female	FL - Florida Swimming	Before practice, pulling tarps	pool deck	Athlete hurt her finger when she finished the 100 free. The injury occurred when she touched the wall at the finish.	middle finger injured
Male	FL - Florida Swimming	Before practice started	Gym	Hit in the side of the head with an exercise/yoga ball.	Headache
Female	GA - Georgia Swimming	Practice / Water	Hard to breathe in the water, then got out	Athlete was coughing in the water after inhaling. Coach got her out of the water where she could not stop coughing, life guards assisted her focusing on her breathing, 911 called and assisted.	Athlete coughed and choked on some water during practice, Coach got the athlete out of the water, where she still could not catch her breath, life guards assisted, athlete continued to have trouble breathing/coughing, 911 called to assist.

Female	GA - Georgia Swimming	Meet / Competition	Deck	Swimmer was playing with her friends on deck and tripped over another swimmer's foot.	When the swimmer tripped over the other swimmer's foot, she hit her heel on the deck. She was complaining of pain in her heel. The lifeguard looked at the heel, there was no cut or visible injury and the swimmer could walk and said she was fine. She swam in the remainder of her events and was fine.
Male	GA - Georgia Swimming	Meet / Competition	Deck	Swimmer fell. Bruised elbow.	Bruised elbow
Female	GA - Georgia Swimming	Meet / Competition	In Water	asthma attack after competition	asthma attack
Female	GU - Gulf Swimming	Practice / Dry-Land	Locker Room	The swimmer was entering the bathroom stall and slipped on the wet floor and hit her arm (elbow area) on a metal bracket on the stall. This caused her to get a 1/2 inch cut that was very deep on her arm.	1/2 inch cut on elbow area. very deep
Female	GU - Gulf Swimming	Meet / Competition	In Water	During the 100 IM race, swimmer said she felt her shoulder pop as she made the FL/BK wall exchange. Swimmer finished the race, exited the pool and her mom notified first aid at the meet and they got her ice for shoulder.	Swimmer felt a pop in her shoulder during the FL/BK wall exchange. Finished the race and told her mom who notified both the coach and first aid.
Female	GU - Gulf Swimming	Eating a snack	Bleachers	Ate a snack containing nuts.	Vomiting & Headache
Male	GU - Gulf Swimming	Meet / Competition	In Water	Another swimmer ran in to swimmer in water. Tooth from other swimmer penetrated scalp of swimmer and caused a cut on head. Swimmer helped another swimmer get out of water that was having difficulty pulling themselves out of the pool. Pulled them out over the edge of pool and scrapped chest and stomach.	Cut on Scalp.
Male	GU - Gulf Swimming	Meet / Competition	In Water	took too many strokes in to the wall and jammed thumb on wall.	Jammed Left Thumb
Male	GU - Gulf Swimming	Meet / Competition	In Water	athletetrippd over an equipment bag and scraped her knee on the deck. When I went to get the first aid kit, I found that there was not a kit on site. I asked her to get a wet paper towel to clean the scrape off. Her mom then took her home.	Abrasion of stomach and chest.
Female	GU - Gulf Swimming	Practice / Water	Deck	Was walking between backpacks and rolled left ankle	Scrape
Female	GU - Gulf Swimming	transition between dryland and water	Deck	The group was doing some jumps for distance during dryland. She landed wrong and rolled her right ankle.	Scrape
Female	GU - Gulf Swimming	Practice / Dry-Land	Deck	The group was doing some jumps for distance during dryland. She landed wrong and rolled her right ankle.	Rolled ankle
Female	GU - Gulf Swimming	Practice / Dry-Land	Deck	The group was doing some jumps for distance during dryland. She landed wrong and rolled her right ankle.	The group was doing some jumps for distance during dryland. She landed wrong and rolled her right ankle.
Male	GU - Gulf Swimming	Practice / Water	In Water	"athlete hit the wall with wrong with his foot and injured his toenail, ripping part of it off. Luckily he did not fracture toe, but I had to numb up his toe and remove part of it last night at my office." - father who is a podiatrist.	"athlethehit the wall with wrong with his foot and injured his toenail, ripping part of it off. Luckily he did not fracture toe, but I had to numb up his toe and remove part of it last night at my office." - father who is a podiatrist.
Female	GU - Gulf Swimming	Practice / Dry-Land	Outside of pool on sidewalk	athlete said she felt a pop in her hamstring. She continued to do dry land calisthenic exercises. She began swimming warm-up and complained about the pain in her hamstring while kicking.	injured his toenail, ripping part of it off. Luckily he did not fracture toe, but I had to numb up his toe and remove part of it last night at my office." - father who is a podiatrist.
Female	GU - Gulf Swimming	Practice / Dry-Land	Deck	Tripped over her feet and fell doing side shuffle	complained of pain above her knee in her hamstring. has had a torn ACL
Female	GU - Gulf Swimming	Practice / Dry-Land	Deck	Tripped over her feet and fell doing side shuffle	fell on right arm and skinned up hand and elbow
Male	IA - Iowa Swimming	Meet / Competition	Deck	bloody nose	bloody nose
Male	IA - Iowa Swimming	Meet / Competition	Deck	cut right toe on missing tile section on deck	cut right toe on missing tile section on deck
Female	IA - Iowa Swimming	Meet / Competition	Deck	cut on outside right foot as getting out of pool during warm-ups	cut outside of right foot
Female	IA - Iowa Swimming	Meet / Competition	Deck	Got foot caught under door	Foot got scrapped under door

Male	IA - Iowa Swimming	Practice / Dry-Land	In Water	Swimmer was swimming in a lane with some kids doing breaststroke and he got kicked in the eye.	Swimmer was kicked in the eye. At the time he mentioned it hurt some but he didn't think much of it. It looked a little red but he didn't mention dizziness or headaches. Today the 11th he went to class and said he started getting a headache and feeling dizzy. His eye turned a little purple and little swollen so mom picked him up and took him to the ER to be checked out.
Female	IA - Iowa Swimming	Meet / Competition	In Water	Swimmer aspirated water during 200IM	Swimmer complained that she choked on water during competition. She coughed and cried after getting out of the water. Swimmer returned to competition after sitting and resting for 15 minutes.
Female	IA - Iowa Swimming	Meet / Competition	Deck	athlete was behind the blocks getting ready for her event when another swimmer started jumping up and down to warm up for their race and landed on her right foot.	Bruising and inflammation.
Female	IA - Iowa Swimming	Meet / Competition	On Blocks	Athlete fell off block and struck inside of right ankle	redness on inside of right ankle
Male	IE - Inland Empire Swimming	Meet / Warm Down	Locker Room	Cut left big toe during opening locker room door. Sharp edge at bottom of the door.	Laceration of superficial skin area
Male	IL - Illinois Swimming	Meet / Competition	Deck	Swimmer got dizzy and lightheaded after a race. Was unable to continue standing.	lightheaded and dizzy, shaking Injured does not remember the incident.
Male	IL - Illinois Swimming	Meet / Competition	Bleachers	Injured party stood to move in bleachers, then tripped on stair ledge and fell forward. He hit head first per witnesses.	Following the fall, he was dazed for a period of time. He has scrapes on his head, face, mouth, and arms. Lower right side of bottom lip was open and bleeding. Scrape around nose was bleeding. Additionally, glasses were broken in the fall.
Female	IL - Illinois Swimming	Meet / Competition	Deck	After swimming the 500 yard freestyle, Athlete had a difficult time breathing.	After swimming the 500 yard freestyle, athlete had a difficult time breathing.
Female	IL - Illinois Swimming	Practice / Water	In Water	Swimmer was in practice swimming and split her left heel open when doing a flip turn	Left heel cut
Female	IL - Illinois Swimming	Meet / Competition	Team Area high school cafeteria	fell on chin	laceration on chin and inside of lower lip
Female	IL - Illinois Swimming	Practice / Water	Deck	Swimmer stubbed her toe on a metal piece used to hold up the midway marker pole. Swimmer's toe was bleeding a lot.	Second toe was stubbed, bleeding a lot. Looked like maybe the toe nail came off a little.
Female	IL - Illinois Swimming	Practice / Water	In Water	While doing a flip turn swimmer hit her heel on the edge of the pool (gutter)	split her heel open
Female	IL - Illinois Swimming	Meet / Warm-up	In Water	swimmer finishing backstroke and hit her head and neck on the wall	Pain in neck and back of head at impact, headache, blurred vision, saw double after incident.
Male	IL - Illinois Swimming	Meet / Competition	Deck	Fell on stairs going to lower pool and hit head. Complained of back and neck pain, as well as nausea.	Fell on stairs going to lower pool and hit head. Complained of back and neck pain, as well as nausea.
Male	IL - Illinois Swimming	Practice / Water	Deck	athlete was sitting on the edge of the pool, when he went into pool, he slipped and hit his chin on the deck.	The bottom of his chin was cut
Female	IL - Illinois Swimming	Practice / Water	In Water	Athlete inadvertently collided during a turn. Athlete was on her back when run into by another swimmer and was hit in the head/neck. Notified coach after the fact with no immediate injuries	Collision from previous day but the following day at practice the athlete complained of headache/neck pain and nausea and went to ER because possible symptoms of concussion had started to occur.
Female	IL - Illinois Swimming	After Practice Locker Room	Locker Room	The girls were squirting each other in the locker room after practice and when one girl when to squirt swimmer in the face, the water bottle was accidentally pushed into swimmers mouth chipping her teeth. Swimmer was able to find and hold onto the chipped part of her tooth.	athletes front tooth got chipped.

Male	IL - Illinois Swimming	Meet / Competition	Deck	Swimmer approached coach to let him know he was not feeling well. He complained of dizziness and extreme light headedness & weakness	Dizziness and light headedness
Female	IL - Illinois Swimming	Meet / Competition	Deck	Stepped on a piece of glass. Had to remove the glass from foot.	Glass stuck in foot
Female	IL - Illinois Swimming	Meet / Competition	In Water	Right heel caught in gutter on turn in 50 Free	Bruise of right heel
Female	IL - Illinois Swimming	Meet / Competition	Bleachers	Official slipped on water in bleachers on way to scoring table. Fell hard on knees and sprained right foot and ankle when it caught on fan she was carrying.	Bruised knees; sprained foot and ankle right
Female	IL - Illinois Swimming	Meet / Competition	In Water	Swimmer was swimming backstroke and hit her hand/wrist/right hand on the bulkhead during competition.	Forearm swollen and bruised
Female	IL - Illinois Swimming	Meet / Competition	In Water	started coughing in pool, stopped swimming the race and got out of the pool.	started coughing in water, unable to continue race, pale, tremulous, with poor pulses
Male	IL - Illinois Swimming	Hallway on the way to practice.	Hallway	athlete was on his way into the locker room and tripped as he approached the door. He hit his head on the door frame.	Large bump above his right eye.
Female	IL - Illinois Swimming	Meet / Competition	Deck	Injured party fell on wet floor on deck on SE end of deck near diving well. She attempted to catch herself with right arm and is complaining of wrist and tailbone pain.	Tailbone and right wrist tenderness.
Female	IL - Illinois Swimming	Practice / Dry-Land	Gym	Athlete was running, stepped on a yoga mat. The mat slipped out from under the athlete and the athlete fell flat on her back.	Athlete complained of chest soreness while breathing.
Female	IL - Illinois Swimming	Practice / Dry-Land	Hallway	Was carrying a teammate on her back as she walked down the hall. She slipped and fell forward - her teammate falling on top of her - her nose hit the floor. Bloody nose.	Bloody Nose
Male	IL - Illinois Swimming	Practice / Dry-Land	Hallway	Athlete was running backward down hall, was turning to go through door, door started swinging shut, edge of door caught him on the left eyebrow as he was turning to go forward - cut on left eyebrow.	vertical cut on left eyebrow above left eye
Female	IL - Illinois Swimming	Practice / Water	In Water	Was hit in the face by another athlete after pushing off the wall during a turn. The other swimmers finger scraped and broke the skin of the athlete under her eye.	broken skin underneath the eye and bruised the left side of the face.
Female	IL - Illinois Swimming	Meet / Competition	Outside Venue	slipped on ice in parking lot and hit knee on curb	hit knee on curb
Male	IL - Illinois Swimming	Meet / Competition	In Water	Swimmer felt sudden pain in right shoulder during swim event.	Swimmer states had sudden pain to right shoulder during a turn while swimming 200 fly event.
Female	IL - Illinois Swimming	Meet / Competition	side/edge of pool	while exiting pool after event, scraped left knee on edge of pool.	Small cut to left knee. Slight amount of bleeding stopped with minimal pressure. Wound cleanser and bandaids applied.
Male	IL - Illinois Swimming	Meet / Warm-up	On Blocks	Swimmers left leg/shin slipped while starting off the blocks during warm-ups. Abrasion noted to left shin and below left knee.	Two abrasions noted- one to left shin and one under left knee. Wound cleanser and bandaids applied.
Male	IN - Indiana Swimming	Meet / Competition	In Water	Swimmer was at the finish of his race and when he hit the touch pad, his arm locked up.	The swimmer's elbow was dislocated and he couldn't move it. Swimmer did a manual reduction to put it back in place before being helped from the pool. Swimmer's elbow was swelling.
Male	IN - Indiana Swimming	Meet / Competition	Outside Venue	While walking outside in parking lot, he slipped on ice causing him to fall and land on traffic cone.	cut through cartilage of right ear and bruised right forearm front and side of head soreness
Male	IN - Indiana Swimming	Practice / Dry-Land	Bleachers	athlete was hanging on pull up bar and fell off, landed on wrist. Also hurt toe.	broken radius left arm, rt foot lg toe, nail broken off
Female	IN - Indiana Swimming	Practice / Water	In Water	Swimmer was kicked in head at swim practice.	head and nose hurt
Female	IN - Indiana Swimming	Practice / Water	In Water	Swimmer bumped heads with another swimmer	Swimmer bumped heads with another swimmer. Raised Golf ball sized lump on head
Female	IN - Indiana Swimming	Meet / Competition	In Water	Finished backstroke, hit head on wall, neck pain instantly.	pain along side of neck
Male	IN - Indiana Swimming	Meet / Competition	Deck	States he was walking and stubbed his right great toe	Stubbed right great toe / contusion
Female	IN - Indiana Swimming	Meet / Competition	Deck	Slipped and fell on deck - bruised knee	Bruised Knee - medical personnel provided ice

Male	IN - Indiana Swimming	Meet / Competition	In Water	Kicked in mouth during warmups - bled from gum and mouth When he jumped into the water, his goggles broke. States he bumped his head on the wall because he could not see due to broken goggles. States he wears glass on regular basis. Small abrasion on forehead.	Bled from mouth and gum
Male	IN - Indiana Swimming	Meet / Competition	In Water	The swimmers were coming in from running outside. sthlete was tripped on accident by another swimmer as they tried to enter the door. athlete fell on her knee and scrapped it.	Small abrasion on forehead
Female	IN - Indiana Swimming	Practice / Dry-Land	Outside Venue	Athlete was swimming from the middle of the pool into the wall and another swimmer was pushing off the wall. They then collided and athlete head hurt afterwards. The other swimmer was completely fine and didn't have any signs of pain or injurv. Athlete sat out of the the rest of practice.	Scrap to the knee. Blood started to come out slowly. Was able to fully walk, jog, swim on knee the injury happened.
Female	IN - Indiana Swimming	Practice / Water	In Water	not watching and missed a stairstep	No signs of injury. Athletes head hurt from hitting another swimmer.
Female	IN - Indiana Swimming	Meet / Competition	Stairs	Scraped arm on block getting fell as exiting pool and hit arm on starting block	Swollen outside left ankle. missed step and rolled ankle
Female	IN - Indiana Swimming	Meet / Competition	On Blocks	Scraped foot on wall or touchpad- not sure if getting out of water or while swimming	fell as exiting pool and hit arm on starting block
Female	IN - Indiana Swimming	Meet / Competition	Deck	cut hand	Scraped bottom of foot on touchpad or wall while getting out of pool or swimming. Swimmer was unsure how scraped/ cut hand
Female	IN - Indiana Swimming	Meet / Competition	Deck	Slipped on pool deck with water	Claims no injury
Male	IN - Indiana Swimming	Meet / Competition	Deck	Slipped on the stairs and hurt her arm.	Bumped and scraped inner elbow.
Female	IN - Indiana Swimming	Meet / Competition	Stairs	Walking through the pool door	Small cuts, bruising, and swelling in both knee & elbow.
Female	IN - Indiana Swimming	Practice / Water	Walking through the pool door	Injured party fell walking through the door and landed on her knee & elbow.	After hitting her head, athlete explained that the pain was on the top of her head and her upper back/neck area. She was not bleeding nor did she seem confused or nauseous. Ice was administered for approximately 15 minutes to the top of her head.
Female	IN - Indiana Swimming	Practice / Water	In Water	While practicing relay exchanges athlete dove too deep and hit her head on the bottom. She came too the wall out of breathe and with head and back pain. She was very emotionally distressed when initially contacted.	
Female	IN - Indiana Swimming	Practice / Water	In Water	Swimmer was doing backstroke, even though swimmer's were told no backstroke. She ran into the wall with her head.	Swimmer hit her head on the wall
Male	IN - Indiana Swimming	Meet / Competition	Hallway	Injured party was sitting in a chair, when it collapsed and he hit his head as well as his back.	Trainer ran some tests to check for concussion and any other injuries.
Male	IN - Indiana Swimming	Practice / Dry-Land	Hallway	Was running to swimming practice after dryland and slipped in the hallway and fell on his knee.	Bruised swollen cut knee.
Female	IN - Indiana Swimming	Practice / Dry-Land	Gym	Performing box jumps, Hannah hit her shin on the edge of the box. It became swollen and bleeding.	bruised, swollen and cut shin
Female	IN - Indiana Swimming	Practice / Water	Deck	Athlete was on the pool deck, and walked up the bleachers to reach her bag to change between dryland and swimming. She tripped on her untied shoelace and bumped her head on the wall behind the bleachers. She also landed on her elbow. Lifeguard on duty checked her for a concussion and we applied ice to her head and elbow. She said she initially felt dizzy, so she sat out the rest of practice. By the end of practice, she said she felt better, but she did not resume activities.	Bump on head, possible mild concussion?
Female	IN - Indiana Swimming	Practice / Water	Stairs	Coach tripped and fell down 4 stairs leading from the bleachers to the pool deck.	Coach has four fractures in her left foot as a result of this fall.
Male	IN - Indiana Swimming	Meet / Competition	In Water	Swimmer hit heel on top of touch pad while doing flip turn.	Swimmer complained of tenderness at the heel after accident and some mild swelling was present.
Female	IN - Indiana Swimming	Practice / Dry-Land	Hallway	Athlete was late to drylands and went upstairs by the gym area (outside the pool area) and tripped and fell and hit her head.	Hit her head on the floor. There was no bump/bruise. She told us she had a headache but was not dizzy.
Female	IN - Indiana Swimming	Practice / Dry-Land	Hallway	Swimmer collided with another swimming while playing tag during dry-land, fell and hit head on floor.	Swimmer's head hit the floor

Female	KY - Kentucky Swimming	Practice / Dry-Land	Hallway	At the end of Marlins' dryland and practice was over when the incident occurred. On Thursday, two swimmers were leaving the racket ball court, and chased after a ball which led them to collide. The girl swimmer fell hard on the ground face first. When pulling her up I noticed her nose was bleeding very fast. I sent my swimmers back, took her to clean up her nose, and when passing a healthpark employee in the hallway told her what had happened and she cleaned up the blood. Once getting athlete to a sink we stopped the bleeding and washed off her face, hands, and shirt. Her nose bleed was very bad, but she had stopped crying, said she felt okay, and had calmed down. When her dad arrived, I told him what happened. At the time, there was no visible bruising or swelling. He took her home.	Later she was taken to ER by parents and they diagnosed with a concussion and follow up with EMT on her nose.
Male	LA - Louisiana Swimming	before practice on bleachers	Bleachers	child was running up and down bleachers and fell on one of the bleachers. He busted his nose and face.	child was bleeding from his nose and possible mouth
Male	LA - Louisiana Swimming	Practice / Dry-Land	Gym	Athlete was having a piggy back ride. Got excited and was kicking and climbing up over the athlete giving him a piggy back ride. Both athletes fell to the ground, with the athlete on the back falling over the other athlete landing on his right shoulder.	Suspected a fractured collar bone, due to pain and very tender to touch. At the tip of his right shoulder/collar bone
Female	LA - Louisiana Swimming	Practice / Water	In Water	Swimmer finished at the wall, and cut her hand on the touchpad. There was a tear in the touchpad at the top. This injury required the swimmer to receive five stitches.	Swimmer's hand was cut on the palm near the thumb. The cut required five stitches.
Male	LA - Louisiana Swimming	Practice / Water	In Water	athlete collided with another swimmer while practicing (backstroke kick) and complained that his head was hurting so I had him sit out and got him ice. A few minutes he complained of his neck hurting when his mom came over so before they left I suggested that they go to Urgent care or went to the doctor.	bumped head and neck pain
Male	LE - Lake Erie Swimming	Practice / Dry-Land	Stairs	The athlete fell on the stairs and twisted ankle	Athlete twisted his ankle while running stairs as part of dry land practice.
Male	LE - Lake Erie Swimming	Meet / Competition	Deck	Swimmer stubbed his toe on drain on the pool deck. His third toe was sliced open near the tip.	Swimmer stubbed his toe on drain on the pool deck. His third toe was sliced open near the tip.
Male	LE - Lake Erie Swimming	Meet / Competition	Deck	The swimmer swam too hard and vomited	The swimmer swam too hard and vomited
Female	LE - Lake Erie Swimming	Practice / Water	In Water	At the end of swim practice (approx. 7:35PM), the coach instructed all swimmers to take their kickboards to the other end of the pool and store them in the cabinet there. One swimmer picked up his kickboard and threw it toward the other end of the pool. This kickboard hit injured person in the head about 3/4 of an inch above her right eye, broke the goggles that were resting on her forehead, and raised a bump about the size of an almond on her head at this spot.	As per above, injury was an almond-size lump (angled somewhat diagonally) on swimmer's forehead above her right eye. It did not break the skin, there was no bleeding. There was no loss of consciousness no change in mental status. Pupils were equal and reactive. She remained alert and oriented throughout -- she cried.
Female	LE - Lake Erie Swimming	Meet / Competition	Locker Room	athlete was exiting from the restroom stall, when another athlete tried to go in and the door hit her in the forehead, causing swelling, bruising a slight cut just right of center.	bruising, swelling and slight cut to the forehead just right of center.
Male	LE - Lake Erie Swimming	Practice / Water	In Water	During practice athlete was pushing off the bottom of the 3 foot and diving under water while waiting to start his next practice set, when he struck his mouth on the bottom of the pool, chipping his front tooth and bumping his lip.	Chipped front tooth and a sore upper lip
Female	LE - Lake Erie Swimming	Practice / Water	In Water	Children were practicing team lane sharing, and the kids overlapped each other, causing athlete to be hit in the nose.	Left nostril, bleeding clothed within 1 minute, no visible signs of concussion, dizziness, or facial fracture.

Male	MA - Middle Atlantic Swimming	Practice / Water	Locker Room	athlete was punched by another team member. Unbeknownst to the coaching staff there was apparently tension between the two swimmers for some time. Just before they exited the locker room, other team member punched athlete in the eye, causing a concussion and breaking 4 facial bones. Team member who punched proceeded directly to his car and left.	Blood everywhere. Black eye forming with blurry vision. athlete threw up indicating possible concussion. One of the swim team parents is a nurse and urged athlete to go to the ER. He has a concussion and 4 broken facial bones, one below the eye, one in the cheek and 2 in the nose. He is going to see a plastic surgeon today
Female	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Swimmer was swimming backstroke and missed the flags and ran into the wall. Guards and coaches helped backboard her out of the pool. Complained of head pain bt denied back , neck pain.	Ran into wall
Female	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	athlete was swimming in the warm up/down pool. She was swimming behind another swimmer. She was following to close and her left hand was struck by the lead swimmers kicking foot.	athletes left index finger was struck by the swimmer in front of her. She was seen by our on-site medical training staff. The trainer suggested the finger be x-rav.
Female	MA - Middle Atlantic Swimming	Walking on pool deck prior to practice starting	Deck	athlete was walking along the pool deck at a point where she had to turn around the corner of the pool. There was a spot where some water had accumulated, she slipped and fell to the pool deck.	Slipped on pool deck, fell and hit arm/wrist.
Female	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	While warming up, athlete sliced foot on wall in the warm-up pool	laceration on top outside of right foot
Male	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Swimmer struck pull deck with his right hand while taking final stroke into finish of backstroke event.	Right hand swollen with abrasion, still had movement of fingers and wrist.
Male	MA - Middle Atlantic Swimming	Meet / Competition	Locker Room	Athlete was in locker room during preliminary session of meet when he stepped on an apparent sliver of glass. The sliver was removed by his coach and athlete was able to compete in the rest of his events. Locker room subsequently checked by Safety Director for any additional broken glass with negative results.	Small puncture wound on bottom of right foot from sliver of glass.
Male	MA - Middle Atlantic Swimming	Meet / Warm-up	In Water	Kicked in nose by team mate. I don't think anyone actually witnessed the incident. The coach and others came to me while the swimmer went to the restroom to get their own tissues/paper towels to stop the bleeding.	Nose was bleeding from being kicked.
Male	MA - Middle Atlantic Swimming	Meet / Competition	In Water	athlete was exiting the pool in lane 6 after his race and slipped. He hit his left knee and scraped his right arm below the elbow on the inside of his forearm on the edge of the deck and touchpad.	Scrape on right arm below the elbow on the inside of his forearm and bruised left knee.
Female	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Athlete touched the wall at the completion of her swim and felt discomfort in her left elbow	Discomfort in left elbow
Male	MA - Middle Atlantic Swimming	Practice / Water	Deck	Slipped on deck walking to locker room. Legs flew out from under him and he landed on buttocks first then back on the safety mat outside the locker room entrance	mat imprinted on right upper back into upper flank area; area slightly red complained of tailbone discomfort ; buttocks reddened but no apparent bruising. Swimmer denied hitting head; no head bumps appreciated
Female	MA - Middle Atlantic Swimming	Meet / Competition	On Blocks	Scraped right shin when getting onto starting block	1 inch cut along shin from stepping onto block
Male	MA - Middle Atlantic Swimming	Meet / Competition	In Water	Swimmer was completing a backstroke event when he struck his head on the end wall.	Bump on top of head
Female	MD - Maryland Swimming	Practice / Water	In Water	Hit the wall with the heels hard. Split part of the ankle open.	Hit the wall with the heels hard. Split part of the ankle open.
Male	MD - Maryland Swimming	Practice / Water	In Water	swimmers collided head on during practice	Swimmers collided head on during practice
Male	MD - Maryland Swimming	Practice / Water	In Water	Hit his head while swimming backstroke	Hit head while swimming backstroke
Female	MD - Maryland Swimming	walking on deck	Deck	Swimmer walking on deck and ran into the back stroke flag pole	Red area above right eye - small amount of swelling
Female	MD - Maryland Swimming	Meet / Warm-up	In Water	Team mate hit injured swimmer in nose with arm during warm-ups. Injured swimmer suffered a bloody nose	Nose was bleeding.

Male	MD - Maryland Swimming	Practice / Water	Deck	Athlete DS was stepping up to the diving board and slipped on the step, and fell onto his chest. He sustained a scrape to his upper left chest. Superficial scratch, skin intact, no bleeding. Athlete in no apparent distress and continued on through practice without other issues.	Athlete DS was stepping up to the diving board and slipped on the step, and fell onto his chest. He sustained a scrape to his upper left chest. Superficial scratch, skin intact, no bleeding. Athlete in no apparent distress and continued on through practice without other issues.
Female	MD - Maryland Swimming	Practice / Water	In Water	athlete dove off the blocks and neglected to put her hands into the correct diving position, thus hitting her head on the bottom of the pool	bumped head on the the bottom of pool while diving
Female	MD - Maryland Swimming	Meet / Competition	In Water	Swimmer was getting out of the water. Her upper torso was out of the water and on deck, lower body (legs) was still in water when she got cut. Did not feel or notice cut until out of the water. Accident occurred in lane 5.	Multiple deep scratches on left leg, below knee
Female	MD - Maryland Swimming	Meet / Competition	In Water	swimmer reports that she felt that her kneecap slipped; swimmer reported that she is seeing a physical therapist currently	tenderness along lateral patella; no dislocation present; no edema
Female	MD - Maryland Swimming	Meet / Competition	In Water	hit nose with knee during backstroke flip turn	nit nose with knee during backstroke flip turn
Male	MD - Maryland Swimming	Meet / Warm-up	In Water	scraped back on pool floor	mild abrasion to upper back
Female	MD - Maryland Swimming	Meet / Warm-up	Bleachers	Scraped leg on the faucet for the hot tub	abrasion on right leg
Female	MD - Maryland Swimming	Meet / Competition	In Water	Bloody Nose while swimming. Swimmer denies any contact with wall or bottom	Bloody Nose- Swimmer reports history of nose bleed previous night
Female	MD - Maryland Swimming	Meet / Competition	Locker Room	Slipped in bathroom, caught edge of sink with bottom of chin.	Slight Swelling under point of chin with slight bruising
Female	ME - Maine Swimming	Meet / Competition	Concessions	Low blood sugar, felt faint, laid down, pulse taken by nurse present. Emergency personnel called.	Low blood sugar, felt faint. She was taken to the hospital by ambulance to be observed.
Female	ME - Maine Swimming	Meet / Competition	In Water	Finishing a race backstroke hit head on wall	Hit head on wall at finish of backstroke race
Male	ME - Maine Swimming	Meet / Competition	In Water	Swimmer 1 pushed off wall on back. Swimmer 2 swimming to wall on stomach and 2 swimmers hit. Swimmer 1 (on back) hit his head on swimmer 2 (on stomach) face. Swimmer 2 has bruising on nose and slight swelling	Brushing on the face on nose. Swelling on his nose and bruising
Male	ME - Maine Swimming	Practice / Water	In Water	Swimmer was executing an open turn and somehow hit his knee on the wall of the pool. Coach assisted him out of the water and noted that the knee was red and slightly swollen. Treated with ice and sent home from practice with father.	Hit knee on side of pool while executing open turn in water. Knee was red and slightly swollen, so ice was given and swimmer was sent home with fater.
Female	MI Michigan Swimming	Meet / Competition	In Water	Athlete notified a Life Guard that she was having an allergic reaction to something	Allergic reaction to something. Hives and swelling
Female	MI Michigan Swimming	Practice / Water	Deck	athlete was walking on a wet pool deck during practice, and slipped and fell on her back. She was in intense pain immediately, and could not move nor get up. She stayed in one position until the ems arrived 20 minutes later. Ice was applied to the injured area, but that did not make her feel better.	She fell on her back, and could not move, and could not get up. We called EMS, and they were able to straighten her out on her back to back board her. Both the paramedic and injured party determined it would be best to go to hospital for x rays and for further monitoring.
Female	MI Michigan Swimming	Meet / Competition	Bleachers	Passed out in the Stands during competition	Passed out, but did regain consciousness. EMS had arrived and provided additional care
Female	MI Michigan Swimming	Meet / Warm-up	Deck	After swimmer exited the pool and was walking to the blocks, she slipped and hit her left knee.	Bruised knee.
Female	MI Michigan Swimming	Meet / Competition	Deck	Swimmer was timing for an event. She slipped and hit her head on the wall.	Head injury
Female	MI Michigan Swimming	Meet / Competition	Deck	The volunteer slipped on the wet pool deck and landed on her head	Head injury
Female	MI Michigan Swimming	Meet / Competition	In Water	During a flip turn knee popped and became extremely painful.	knee popped on push off from flip turn and is painful to move.
Male	MI Michigan Swimming	Meet / Warm Down	Deck	While exiting warm down pool slipped on metal floor paneling. Cut leg just below knee.	Cut

Male	MI Michigan Swimming	Spectator	Bleachers	Playing with another child, was pushed or slipped and hit head on window ledge cutting right ear.	Cut right ear
Male	MI Michigan Swimming	Meet / Competition	Bleachers	Stated that he felt like he was going to pass out, and subsequently passed out. Quickly regained consciousness.	Passed out, regained consciousness
Female	MI Michigan Swimming	Practice / Water	In Water	Swimmer kicked in the nose by another swimmer while swimming laps	Sore nos. Swelling.
Female	MI Michigan Swimming	Practice / Water	In Water	Kicked in right eye by another swimmer while swimming breast stroke	Sore eye
Female	MI Michigan Swimming	Meet / Competition	Deck	Slipped on the deck and fell. Hit her head	Slipped on deck and hit her head
Female	MI Michigan Swimming	Meet / Competition	On Blocks	The swimmer slipped on the blocks and twisted her ankle	The swimmer twisted he ankle while getting onto the starting block
Female	MI Michigan Swimming	Practice / Water	In Water	Swimmer was loosening a lane line and the tension in the line spun the wrench back and hit her in the lip. It caused a cut on her lip. At around 8:00pm on Wednesday February 18th, during a short bathroom break, athlete was seen crying on the side of the pool claiming that she hit her head on the bottom of the pool. She walked to coach and explained initially that she hit her head on the bottom of the pool while diving into the water at the deep end (10') of the pool. Coach immediately called another coach to escort athlete to the athletic trainer for inspection. athlete complained of having a headache, dizziness and neck pain and after inspection by the trainer said she might have a slight concussion and gave her ice to put on the top of her head. She did not return to practice but sent home for rest under the direction of the athletic trainer. athlete signed forms and was escorted back to the pool by second coach where she waited on the pool deck bench until practice was over and her parents arrived to pick her up. Only one of athlete's teammates saw the accident happen and their stories were a slightly conflicting. athlete described that she dove into the deep end of the pool, feet first and hit her head on the bottom of the pool as she was pushing off. athlete's teammate claimed that athlete dove into the deep pool, feet first, pushed off the bottom and hit her head on the bulkhead, not the bottom of the pool.	A cut to the lip
Female	MI Michigan Swimming	Practice / Water	In Water		Possible Concussion
Female	MI Michigan Swimming	Meet / Warm-up	Getting out of the water	Strained knee getting out of warm up lane	Scraped and hit her knee
Female	MI Michigan Swimming	Practice / Water	In Water	Bumped head on wall	Sore in area where head bumped wall
Male	MI Michigan Swimming	Meet / Competition	In Water	Mistimed turn for backstroke and hit head on bulkhead	Hit back of head on the bulkhead, paused and then finished race
Female	MN - Minnesota Swimming	Meet / Warm-up	Deck	Victim stepped on another individual's heel/shoe as they passed by each other and fell on the pool deck near the head table. Victim landed on arm and shoulder, and struck head on the pool deck.	Victim struck head, arm, shoulder and elbow on pool deck when she fell. Contusion on elbow and arm.
Male	MN - Minnesota Swimming	Meet / Competition	Outside Venue	Running and slipped in the outside parking lot	Scrapped
Female	MN - Minnesota Swimming	Meet / Warm-up	Deck	Walking on pool deck, athlete stubbed little toe on unknown object on Friday, 3/13/15. Did not seek medical attention until Saturday, 3/14/15 at 10:15am when same toe was stepped on by another individual.	Athlete stubbed toe on 3/13/15. Same toe was stepped on by another individual the next day on 3/14/15.
Male	MN - Minnesota Swimming	Meet / Competition	Deck	swimmer had a bloody nose- no particular incident caused the bloody nose	random bloody nose
Female	MN - Minnesota Swimming	Meet / Competition	In Water	swimmer cut her right toe as she was getting out of the pool	minor cut toe on right foot, slight blood
Male	MN - Minnesota Swimming	Meet / Competition	Stairs	Previous scab on his lower leg, bumped on the stairs and knocked the scab off and wound started bleeding	scab got bumped off and leg was bleeding
Female	MN - Minnesota Swimming	Meet / Competition	Hallway	Vomit on the floor- janitor was being summoned. She did not notice the vomit, stepped in it, and landed on her butt/back and bent her knee which was sore from previous injury.	dislocated knee cap in January 2015. Knee was bent back and sore after the fall.
Female	MN - Minnesota Swimming	Meet / Competition	Deck	Walking out of locker room, slipped and fell backwards hitting head and back. Did have a backpack on at the time.	Hit head and back
Female	MN - Minnesota Swimming	Practice / Water	Locker Room	She was getting ready for practice and bent over to get something. She she stood up she hit her head on a pipe.	Bumped her forehead pretty hard
Male	MN - Minnesota Swimming	Meet / Competition	Deck	Slipped at the bottom of a ramp on deck, hit left knee on railing.	Bump/bruise

Male	MN - Minnesota Swimming	Practice / Water	In Water	During a flip turn two swimmers collided. The shoulder of one swimmer hit swimmer in the left eye causing redness and swelling.	Redness and swelling of the left eye. No bleeding occurred. Swimmer contacted start-end wall with the middle and ring fingers of the right hand upon completion of an event resulting in discoloration and swelling of the affected fingers.
Female	MN - Minnesota Swimming	Meet / Competition	In Water	Swimmer contacted wall with the right hand upon completing a butterfly event resulting in injury to the middle and ring fingers of the right hand.	
Female	MN - Minnesota Swimming	Practice / Water	In Water	Swimmer finished into wall, hit fingers onto wall.	Bruised and swelling middle and ring fingers.
Female	MR - Metropolitan Swimming	Practice / Dry-Land	Locker Room	Swimmer walked into the locker room, and slipped on the wet floor, and fell on her arm	Dislocated bone in elbow, or broken arm.
Male	MR - Metropolitan Swimming	Practice / Dry-Land	Deck	While using resistance cords the closed hook attached to the cords came off the stanchion and struck the individual on the crown of the head	Skull fracture
Male	MR - Metropolitan Swimming	Meet / Competition	Bleachers	DOB is made up, didn't get age Child fell in balcony, mother had back to son and did not see the actual event occur.	child had a bloody nose and hit forehead
Male	MR - Metropolitan Swimming	Practice / Dry-Land	Hallway	Swimmer fell in the hallway during dryland.	Swimmer tripped and fell and braced his fall by landing on his knee and wrist. Knee hurt at first then pain went to wrist later on in the practice. After dry land we went into the pool. Later on in the practice he got out. Took a break to see how the pain was after a while. Notified mother. She came, looked at her son and they went home. Injuries didn't see severe. No bruising. Just some discomfort.
Male	MR - Metropolitan Swimming	Meet / Competition	On Blocks	Swimmer hit foot on edge of block as he was diving into the water at the start of a race.	1/2 inch cut on top of foot.
Male	MR - Metropolitan Swimming	Meet / Competition	In Water	Swimmer's knee became very sore while swimming breast stroke. Swimmer had difficulty exiting the pool.	Swimmer's knee appeared red and swollen. Swimmer stated that they had fallen on it earlier in the day.
Female	MR - Metropolitan Swimming	Meet / Competition	In Water	Swimmer was exiting the pool and hit her head on diving platform frame.	Athlete hit the top of her head against the bar. There was no bleeding.
Male	MR - Metropolitan Swimming	Meet / Competition	On Blocks	Back foot slipped on blocks at start of race. Both feet hit onto starting block.	Both feet bruising
Female	MR - Metropolitan Swimming	Meet / Competition	In Water	Right elbow hit on lane line.	The right elbow got bruised.
Male	MR - Metropolitan Swimming	Meet / Warm-up	In Water	Swimmer collided with an oncoming swimmer, causing a nose bleed	Nose Bleed
Female	MR - Metropolitan Swimming	Meet / Competition	In Water	while jumping into pool, right middle finder hit the bottom of the pool, ice pack given on deck	while jumping into pool, right middle finder hit the bottom of the pool, ice pack given on deck
Female	MR - Metropolitan Swimming	Meet / Competition	Meeting room	Felt faint during stroke briefing	Fainted
Female	MR - Metropolitan Swimming	Meet / Competition	Deck	Slipped on Deck and landed on backside	Slipped on deck. Landed on tail bone
Female	MR - Metropolitan Swimming	Meet / Competition	Bleachers	Slipped and fell backward. Hit back, back of head, left elbow	split upper lip
Female	MR - Metropolitan Swimming	Meet / Competition	Stairs	Swimmer slipped on the stairs and scraped her back on the stairs. Swimmer competed the following day.	Scraped her back on the traction protection on the stairs. Swimmer competed int he swim meet the following day.
Male	MR - Metropolitan Swimming	Meet / Competition	Outside Venue	In back parking lot adjacent to E and B wings of the Felix Festa Middle School the side walk coming into the building at B wing iced over. Injured slipped on the ice, fell against the wall and then fell to the ground.	when fell into the wall banged left shoulder into the brick building, fell on the concrete walk way and injured back and right should blade.
Female	MR - Metropolitan Swimming	Meet / Competition	Bleachers	cut knee	cut on Knee
Male	MR - Metropolitan Swimming	Meet / Competition	Deck	While leaning on wall, slipped on deck and scraped back on outlet box	scrape on back
Female	MS - Mississippi Swimming	Meet / Competition	Deck	referee stepped down and fell, hurting shoulder	shoulder-may be rotator cuff issue
Male	MV - Missouri Valley Swimming	Practice / Dry-Land	Deck	Swimmer was doing a dry-land exercise on cords wrapped around a pole on deck. His feet slipped out from under him and he fell backwards, striking his head on the pool deck.	Swimmer sustained a likely minor concussion and has soreness in his neck.

Male	MV - Missouri Valley Swimming	Practice Deck	Bleachers	Slipped stepping from deck to bleacher stairs.	Blow from fall on inside right knee and inside right foot.
Female	MV - Missouri Valley Swimming	Meet / Competition	Bleachers	Girl tripped going down the stairs alongside of the bleachers in spectator area.	Cut just under nose, upper lip.
Female	MV - Missouri Valley Swimming	Walking from Crash Area to Meet/Warm-up	Hallway	Foot caught under a hallway door when opening/closing as athlete walked from crash area to meet - warm-up area.	Left foot - Cut on top of foot between big toe and the toe next to it. Bleeding did occur, was treated immediately by a lifeguard and staff. Swimmer remained calm.
Male	MW - Midwestern Swimming	Practice / Water	In Water	Athlete was submerged at bottom of shallow end of pool (when he was supposed to be standing, observing a demo by a fellow swimmer), when a teammate, wishing him to move, prodded him with her foot. It was more of a kick, which caused the athlete to bump his head on the bottom (4 foot depth).	noticeable bump on back right quadrant of head, about size of 1/4 golf ball or less.
Female	NC - North Carolina Swimming	Meet / Competition	Deck	back spasms while sitting on deck	Back spasms
Male	NC - North Carolina Swimming	Practice / Water	In Water	Injured party was coming off of the wall after a flip turn when he collided with another swimmer coming into the wall. Contact was made on the top of his head. This information was determined after conferring with the other boy in the collision, as athlete could not remember exactly what had occurred.	Injured party collided with another swimmer during practice, hitting the top of his head badly. He stated he "saw stars," was dizzy, and had a bad headache. When asked what had occurred, he could not recall what had happened.
Male	NC - North Carolina Swimming	Meet / Competition	In Water	Swimmer was completing turn on Backstoke and jammed his ankle into the wall. The force tore the skin resulting in a large cut.	A gash approximately two inches in length below ankle bone extending into the heel region.
Male	NC - North Carolina Swimming	Meet / Competition	In Water	Shoulder popped while swimming the 100 freestyle event	Shoulder popped while swimming the 100 freestyle
Female	NC - North Carolina Swimming	Meet / Competition	On Blocks	swimmer on block, right front foot slipped off block. Knee struck block, continued to swim and finished event. Climbed out of the pool	KNEE CONTUSION
Male	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	Hit in the nose with a frisbee	Bloody nose
Female	NC - North Carolina Swimming	Practice / Dry-Land	Outside Venue	Accidental elbow to the nose during a game of Ultimate Frisbee	Bloody Nose
Male	NC - North Carolina Swimming	Meet / Competition	In Water	Swimmer complained of feeling tingly and dizzy after a race.	Swimmer felt dizzy and tingly after a race.
Male	NC - North Carolina Swimming	Meet / Competition	In Water	Swimmer was experiencing shoulder pain while racing.	Was experiencing pain while swimming
Female	NC - North Carolina Swimming	Meet / Competition	In Water	Hit hand and forearm on touch pad	Hit on touch pad
Female	NC - North Carolina Swimming	Practice / Dry-Land	Deck	While jumping on a box the athlete scraped her shin on the box.	Abrasion to the front of the shin.
Female	NC - North Carolina Swimming	Meet / Competition	In Water	During warm-down, a teammate thought athlete was not going to push off the wall so she jumped in and as she did athlete did push off the wall. The athlete jumping in hit this athletes head with her knee area.	Hit on the head by teammates knee. The next day was experiencing loss of memory. Mother took athlete to doctor and was diagnosed with concussion and is restricted from activity for at least 2 weeks.
Female	NC - North Carolina Swimming	Meet / Competition	In Water	Back spasms with leg numbness	leg became numb and back spasms began during swim and continued after swim
Male	NC - North Carolina Swimming	Practice / Dry-Land	Stairs	slipped while running stairs and twisted his ankle	T'lez twisted his ankle
Female	NC - North Carolina Swimming	Meet / Competition	In Water	Swimmer exited the pool on the final lap of 100 Breaststroke, complaining of shortness of breath. Soon after the swimmer and coach said she was okay. Swimmer's father was a stroke and turn official on deck at the time of the occurrence and he also said that she was okay.	Shortness of breath.
Female	ND - North Dakota Swimming	Meet / Competition	Deck	slipped or fell backward on deck. caught herself on her elbows.	elbow bruising
Male	ND - North Dakota Swimming	Meet / Competition	Deck	Swimmer slipped on deck and landed on back. Head landed over pool edge and hit deck across shoulders.	possible back/cervical injury
Female	ND - North Dakota Swimming	Meet / Competition	Deck	athlete felt faint/ill following race	faint

Male	NE - New England Swimming	Practice / Water	Stairs	<p>At the conclusion of in-water practice, swimmer and others from his group were headed down the stairs to the boy's locker room. Swimmer reported that he was moving fast in an effort to be ahead of a teammate, when he slipped on the mid-level landing, falling on his right elbow. The friction of the skin against the floor being twisted as he was rounding the corner as he slipped appears to have been the cause of his injury. Another swimmer came to inform the lifeguard and coaches of the injury. Since the lifeguard was female and was unsure of appropriateness of her presence in the locker room area, I went in to evaluate. I found swimmer kneeling, resting on his legs, holding his right arm in the air with blood dripping from the wound on his elbow. Recognizing that all shower and changing areas were not visible from our location, I summoned the lifeguard to the landing with her first aid kit. Injury and treatment details are provided in later sections.</p>	<p>athlete suffered a partial avulsion to the skin of the posterior / outside of his right elbow, inferior to the joint. The wound was approximately 1 inch wide and 1.5 inches long. A thin flap of skin was visibly still intact along the inferior edge, but was folding under itself resting on top of the wound. The tissue was bleeding in large drops at about 1 drop every 2-3 seconds. The depth of the wound appeared to be substantial for its location, potentially affecting most or all layers of soft tissue along the bone. athlete was asked and denied injuring any other part of his body, including among others, his hip, knees, shoulder, and head. athlete stated he did not hit his head, and was not experiencing pain anywhere else. athlete was alert and oriented to person, place, time, and location. No additional signs of injury were visible, and athlete exhibited normal mental function throughout treatment, and full range of motion in all areas of his body. After treatment (detailed in the following section), athlete was helped to his feet and descended the stairs without assistance and got dressed independently.</p>
Male	NE - New England Swimming	Practice / Water	Deck	Athlete slipped on deck and struck mouth. Small puncture wound on lower lip and chipped front incisor.	Athlete slipped on deck and struck mouth. Small puncture wound on lower lip and chipped front incisor.
Female	NE - New England Swimming	Meet / Competition	Deck	dropped lap counter on her toe	bleeding toe
Female	NE - New England Swimming	Meet / Competition	On Blocks	Slipped off block during start. Scrapped foot	Slipped off block during start. Scrapped foot
Female	NE - New England Swimming	Practice / Water	Deck	As athlete was climbing out of the water, her foot slipped on a crack in the gutter, went in between the two pieces of plastic and cut her foot	Large laceration on covering the length of her big toe
Female	NE - New England Swimming	Meet / Competition	Hallway	Injured party has a history of fainting and is 3 months pregnant. She was feeling lightheaded in the stands and decided to walk to the hallway to get fresh air. She had some difficulty descending the stairs and felt increasingly faint as she reached the landing. She passed out as she reached the hallway and was attended to by several spectators as well as a physician.	reported no injuries.
Female	NE - New England Swimming	Meet / Competition	Deck	Cut toe on something	Cut to toe
Female	NE - New England Swimming	Meet / Competition	In Water	Hit Hand on metal edge at end of lane on backstroke	Red sore fingers on her right hand
Female	NE - New England Swimming	Meet / Competition	In Water	Coach feels swimmer held breath to long on the first 25 yards of the 200 free.	Swimmer was light headed, face and body red, shaking, reporting that she was not feeling well.
Female	NE - New England Swimming	Meet / Competition	In Water	Fell back into pool while trying to get out	bruise, scraped against side of pool
Male	NE - New England Swimming	Meet / Competition	In Water	Swimmer smacked arm on backstroke when doing a turn (hit arm on deck).	bruised arm
Male	NE - New England Swimming	Practice / Water	Deck	putting lane lines in pool i was pulled in hitting knee,elbow and head.	mild concussion,banged up elbow and knee
Female	NI - Niagara Swimming	Post Practice	Locker Room	athlete slipped in the locker room and landed on her right hand and thumb	Broken wrist
Female	NI - Niagara Swimming	Meet / Competition	In Water	DURING THE FINALS OF THE 100 BREASTSTROKE,swimmer DISLOCATED HER LEFT SHOULDER WHEN SHE OVER EXTENDED HER STROKE NEAR THE FINISH OF THE RACE	DISLOCATED SHOULDER
Female	NI - Niagara Swimming	Meet / Competition	In Water	After completing her leg of a relay race, swimmer was climbing out of the pool and felt her knee "pop".	Possible dislocation of knee

Female	NI - Niagara Swimming	Watching Pracctice	Bleachers	Parent missed a step in the bleachers and fell at the conclusion of practice. It was not seen, only heard.	Twisted ankle.
Male	NI - Niagara Swimming	Practice / Water	In Water	athlete had advanced through the steps of a racing start to be practicing from the shallow end blocks. He accidentally went too deep and hit his upper arm/elbow on the bottom.	looked like it would bruise, possible fracture
Female	NI - Niagara Swimming	Meet / Competition	Deck	Volunteer at swim meet slipped on the deck while performing timing duties at a swim meet	It is her right shoulder and left hip where she fell
Male	NI - Niagara Swimming	Meet / Competition	In Water	Swimmer hit head at the turn in a 50 backstroke	Swimmer had a headache, after approximately 30 min the swimmer had a bump on head, swimmer visited doctor next day and it was determined swimmer had concussion
Female	NI - Niagara Swimming	Practice / Water	Locker Room	Slipped on wet floor, bumped rt ankle and hip.	Slipped on wet floor, bumped rt ankle and hip.
Female	NI - Niagara Swimming	Practice / Water	Deck	Slip and fall behind blocks	Apparent bruising and swelling of right wrist, forearm. May have pain in elbow and shoulder
Male	NI - Niagara Swimming	Practice / Water	In Water	Swimmer was kicking and lost focus of where he was and swam into the bulkhead.	He scraped his left hand...mostly his fingers
Male	NI - Niagara Swimming	Practice / Water	Deck	He was walking towards the starting block and stepped on a piece of glass which embedded into his heal	Small piece of glass in bottom of foot.
Female	NJ - New Jersey Swimming	Meet / Competition	On Blocks	Swimmer dove in too deep while practicing racing dives, the swimmer hit her head at the bottom and suffered a cut where here goggles.	Small cuts on the nose in addition to the impact made by hitting the bottom of the pool
Male	NJ - New Jersey Swimming	Practice / Dry-Land	Outside Venue	Athlete jumped off of a ledge about 3.5 feet high and landed awkwardly hurting his lower leg.	There was pain and some swelling just below the knee on the front side of the leg.
Female	NJ - New Jersey Swimming	Practice / Water	In Water	Athlete swam into another athlete and was kicked in the face.	Athlete suffered a severe nose bleed.
Female	NJ - New Jersey Swimming	Meet / Competition	Bleachers	was walking up the bleachers, slipped and fell cutting her left thigh	3 inch cut on left thigh
Male	NJ - New Jersey Swimming	Practice / Water	In Water	athlete indicated that while swimming something jab him in the figure on right hand athlete indicated that he was unsure as how it happened	Right hand figure had what appear to be a small puncture wound and was bleeding,
Female	NJ - New Jersey Swimming	Practice - on way to locker room	Bleachers	Athlete indicated that she was attempting to get her bag and the momentum caused her to slip in bleachers, She then caught the top inside of her left foot. Minor scrap and redness - treated with ice. no witnesses athlete was one of many in the bleachers.	Caught top inside of left foot bump and bruise
Female	NJ - New Jersey Swimming	Practice / Water	Deck	Slipped and fell on pool deck.	Patient stated feeling pain and soreness to the right hip area. No visable bruising, scratches were observed. Patient stated she did not hit her head and just injured her hip area.
Female	NJ - New Jersey Swimming	Meet / Competition	In Water	Athlete obtained a scratch behind right heel on a railing when getting out of the pool.	Small scratch behind right heal. (Approx. 1/2 mm)
Female	NJ - New Jersey Swimming	Meet / Competition	While entering pool...	Athlete slipped while entering the pool and hit her left hip.	Soreness and mild swelling on left hip.
Male	NJ - New Jersey Swimming	Meet / Competition	Bleachers	athlete sustained a cut between toes on his left food while walking in the bleachers at the end of the meet.	Cut between toes on left foot.
Female	NT - North Texas Swimming	Practice / Dry-Land	Outside Venue	Hit nose with flying Frisbee and broke nose	Broken nose
Female	NT - North Texas Swimming	Practice / Dry-Land	Deck	athlete was walking on the deck to pick up her bag after she finished her dry-land workout, and she was hit in the back of the head with a water polo ball. The ball was thrown by a member of the Thunder Water Polo Club(USA Water Polo club team). The water polo player shot at the goal and missed then hit athlete.	concussion.
Male	NT - North Texas Swimming	Practice / Water	Deck	Swimmer tripped	scratched his toes around the nail, was bleeding subdermal.

Male	NT - North Texas Swimming	Meet / Competition	Bleachers	Swimmer was walking/stepping over bottom bleacher to his swim bag located on higher bleacher bench. Swimmer slipped and fell - as falling over upper bleacher levels hit head on top bleacher bench.	Hit head/bumped head on bleacher. Had a sore area on top right area of head above the temple. No visible bruising or contusion or laceration. Swimmer had bruise like soreness to the area.
Male	NT - North Texas Swimming	Meet / Competition	On Blocks	swimmer slipped on blocks and scrapped his shin	scrapped skin on shin, some bleeding
Male	NT - North Texas Swimming	Practice / Water	On Blocks	During practice, while using starting blocks for sprints, the starting block broke off at the base. The block broke as the swimmer left the block causing him to tumble to the bottom of the pool approximately 8-10' from the starting end of the pool. The swimmer's wrist struck the bottom of the pool.	slight sprain of the athlete's left wrist
Female	NT - North Texas Swimming	Practice / Water	On Blocks	Swimmer was on the blocks ready to swim, she thought she heard the coach say "Stand", she stood up and lost her balance and fell into the water and came up complaining that her wrist hurt. She was unable to get out with her wrist hurting. She was given ice and her parents were called.	Possible sprained wrist on the Left arm.
Female	NT - North Texas Swimming	Practice / Dry-Land	Locker Room	athlete was pulling on a locked locker door. The locker fell on top of athlete	Bump on the
Female	OH - Ohio Swimming	Practice / Dry-Land	Inside room during dry-land practice	Athlete fell while participating in a running exercise.	Sore knee from fall. Taken to hospital by Father for diagnosis and treatment.
Female	OH - Ohio Swimming	Practice / Water	In Water	Swimmer was practicing starts with an assistant coach and hit their head on the bottom of the pool.	C6 Vertebrae compression fracture
Male	OH - Ohio Swimming	Meet / Warm-up	Deck	A team mate bumped into athlete while he was leaning on diving tower pillar. athlete slipped and fell hitting the back of his head.	Bump on back of head-no evidence of concussion
Male	OH - Ohio Swimming	Meet / Warm-up	Deck	Athlete was walking along the pool deck and sliced the bottom of his right big toe on a loose bolt for an old starting block platform.	Bottom of toe was cut on a loose bolt on the pool deck.
Male	OH - Ohio Swimming	Meet / Warm-up	Locker Room	Swimmers big toe was cut by locker room door. (Door scraped top of the toe)	Right big toe was scraped by locker room door.
Male	OH - Ohio Swimming	Meet / Competition	Deck	Walking behind someone and slipped on pool deck. Said the person in front stretched arms and to avoid being hit by the arms he bent backwards and slipped on the deck. Injured wrist when he fell. Person in front unknown.	Complained that wrist hurt. Provided ice at the scene of accident.
Female	OH - Ohio Swimming	Practice / Water	Deck	Athlete was standing listening to her coach's instruction and she said everything started to turn fuzzy and black. Seconds later she fainted	There was no physical injury
Female	OK - Oklahoma Swimming	Practice / Water	On Blocks	Doing a relay using fins on hands dove off block. Swimmer said shoulder hit the water first and then she had pain when she came up and stared swimming.	sore muscle around the front part of the shoulder.
Female	OK - Oklahoma Swimming	Meet / Competition	In Water	Swimming 50 free came into wall and thinks she broke her left wrist when she touched (hit) the wall.	May have broken left wrist.
Male	OK - Oklahoma Swimming	Practice / Water	Deck	At approximately 6:32pm athlete and the rest of the team had completed the first part of warm-up and were exiting to pool to receiving instruction on the second part of the warm-up. Upon explaining the warm-up athlete began to bump into another swimmer and appeared to try and push someone else. I moved toward what I thought was a commotion to see athlete with his eyes rolled back and not responsive to my inquiry if he was ok. He continued to stumble forward and I helped him to the ground. After about 20 seconds he came to and said he felt unwell. I moved him over to a chair and sat him down	No physical injury, momentary loss of consciousness
Female	OK - Oklahoma Swimming	Practice / Dry-Land	Locker Room	telling him to breathe normally was walking through the locker room and slipped and fell	INJURED Hit head on wall. Coach ask if ok, swimmer seemed fine and completed practice. Upon arriving home he was disoriented and taken to hospital. Spent night in hospital and released to parents with follow up scheduled for 2/11/2015
Male	OK - Oklahoma Swimming	Practice / Water	In Water	Hit head on wall	brise pain
Female	OK - Oklahoma Swimming	Practice / Water	In Water	bumped chin and her side when pulling herself out of the water.	

Male	OK - Oklahoma Swimming	Before Dry-Land	Locker Room	Ground was wet and he slipped on wet ground.	When he fell he hit his KNEE CAP and strained his patellar tendon.
Male	OR - Oregon Swimming	after practice	Hallway	swimmer was sitting on an open window sill in the hallway and fell backwards off of it onto his arm.	broken humorous
Male	OR - Oregon Swimming	Practice / Water	In Water	Swimmers were doing relays, instructed all to dive and enter the water feet first. Swimmer appeared to have lost coordination and balance for a moment and entered the water in a semi-ball at an awkward angle with head tilting towards bottom of the pool. After the dive, swimmer popped up and grabbed his nose. I saw him bleeding on the forehead and under the eye. I immediately initiated code blue (internal), and back boarding because I was suspecting a spinal injury. Had assistance with backboarding. We put him on towels and later released to paramedics, who subsequently took him to the OHSU	Bruise on the forehead, and scratch under the eye from goggles contact and the bottom of the pool
Female	OR - Oregon Swimming	Practice / Water	Deck	COACH GENTLY PUSHED SWIMMER FROM DECK INTO WATER AND SWIMMER HIT ANKLE ON SIDE OF POOL.	SMALL CUT ON BONE BELOW ANKLE. POSSIBLE SPRAIN.
Female	OR - Oregon Swimming	Meet / Competition	In Water	The swimmer had a breathing emergency while swimming the butterfly. She did not finish her race. She swam to the side and removed herself from the water. She was instructed to take her inhaler. The swimmer was transported to Dornbecher's childrens hospital by ambulance.	symptoms: The swimmer complained that it hurt to breath. She has a history of asthma. She has not had an attack like this before.
Female	OR - Oregon Swimming	Practice / Water	In Water	Swimmer's hand collided with another swimmers foot as they were swimming in opposite directions.	Hand was bent back during contact. There was some pain when she would open and close her hand.
Female	OR - Oregon Swimming	Meet / Competition	In Water	Swimmers left calf cramped while in competition pool. She finished race and went to parents. Parents found head gard, and asked what stretches to do, and for ice.	leg cramp
Male	OR - Oregon Swimming	Before Practice	Outside Venue	Swimmer was outside of pool before practice playing tag with friends. He was on the sidewalk and tripped and fell into the bushes. He landed on a thorn bush and had 6 thorns splinter into his hand. Another swimmer had him come over to his coach who was starting to gather the kids around for dry land. The coach took him inside to have the lifeguard help. The lifeguard and coach helped the swimmer calm down and together they started to remove the splinters. The coach called the parents and informed them that the swimmer had fallen and had several splinters. The parent was close by and was there with in ten minutes. The swimmer and parent decided to go home to better remove the splinters	Approximately 6 splinters from thorns on left hand.
Female	OR - Oregon Swimming	Meet / Competition	In Water	swimmer left the wall, swimming breaststroke. She felt something and realized she was bleeding.	Cut on the outside edge of the smallest toe
Female	OR - Oregon Swimming	Meet / Competition	In Water	athlete was beginning the final 100 yards of her 400 IM, when she noticed that she was having difficulty breathing. Despite the asthma attack, she finished the even, after which her mother brought her inhaler.	swimmer had trouble breathing due to an asthma attack
Male	OZ - Ozark Swimming	Meet / Competition	In Water	when swimmer was asked to stand after start, the swimmer fell and hit left toe on bottom of pool. toenail was torn off most of the way.	nail bed injury
Female	OZ - Ozark Swimming	Practice / Water	In Water	Swimmer was pushing off the wall and cut her left foot (top of pinky toe) on a broken tile. She was taken to a local Urgent Care after the incident by her mother.	Cut on top of left foot, on pinky toe.
Female	OZ - Ozark Swimming	Practice / Water	In Water	Swimmer hit her wrist on the bulkhead as she turned to do a backstroke flip turn	fractured wrist
Male	PC - Pacific Swimming	Meet / Competition	In Water	bumped his head on the bulkhead during the 100 BACK.	nothing visible. swimmer said he bumped his head.
Female	PC - Pacific Swimming	sibling of athlete	Deck	Injured was being carried by her sister. Her sister tripped up and dropped injured party from her arms, she fell down onto her right side of her face and head. Possible seizure like activity following the fall for 30-40 seconds. not complaining of any pain not bleeding.	Hit her head when dropped on the pool deck.
Male	PC - Pacific Swimming	Meet / Competition	Deck	Overhead light exploded and glass shattered and cut injured's head requiring 2 staples from the emergency room	Cut on his head from glass
Male	PC - Pacific Swimming	Meet / Competition	inside pool area, grassy area	He was running around bleachers and hit the trash can, slipped and fell and landed on grass.	pain in right shoulder, unable to move on his own

Male	PC - Pacific Swimming	Practice / Dry-Land	Gym	Athlete did a pull up and shoulder started hurting	Shoulder started hurting after pull up. Hurt through summer season, saw doctor for it in fall.
Female	PC - Pacific Swimming	before Practice/ Changing in locker room	Locker Room	athlete shut the bathroom stall door on her finger and it pinched and cut the skin on the side of her index finger causing it bleed.	pinched and cut the skin on the side of her finger. Athlete described the injury as popping in and out. Her shoulder was not dislocated at the time but through evaluation it was noted that a possible subluxation could have occurred. Her fingers were all feeling sensation fine as well as there was no visible deformity to the join. We administered ice for 20 minutes. Swimmer was instructed to seek medical attention when returning home.
Female	PC - Pacific Swimming	Meet / Competition	In Water	Athlete was swimming 200 Fly in a race. She was on her 3rd 50 about half down the pool when she stopped at the completion of a stroke cycle. She Finished the race but was in severe pain.	
Female	PC - Pacific Swimming	Meet / Competition	In Water	Athlete was swimming the 500 free and stopped at the wall and appeared distressed. Her friend and a life guard helped to get her out of the water. Athlete was gasping and shaking.	short of breath and shaking
Male	PC - Pacific Swimming	Practice / Water	In Water	Swimmer was passing another swimmer, pushed off the wall, and went underneath another swimmer. While underneath the swimmer, he was kicked on the top of his head.	Kicked on the top of the head. No bump. No bleeding. No concussion symptoms.
Male	PC - Pacific Swimming	Meet / Competition	Deck	Tripped over pool gutter and cut big toe	cut on big toe
Female	PC - Pacific Swimming	Practice / Water	Deck	Stung by a bee	athlete stepped on a bee laying on the ground with her right foot. She took the stinger out herself and told her coach after that what happen
Male	PC - Pacific Swimming	Meet / Warm-up	In Water	While warming up in the backstroke, the swimmer hit his head against the wall in the warm up/cool down pool.	Pain on top of head. No edema, no open wounds, vision and cognitively WFL's
Male	PC - Pacific Swimming	Practice / Water	In Water	group was doing desk push ups. Swimmer hand slipped and he hit his mouth on deck.	chipped two front teeth
Male	PC - Pacific Swimming	Meet / Competition	In Water	Swimmer slipped off of block falling into pool and landing on another swimmer. He appeared un-hurt and swam his heat subsequently without issue.	Un-hurt
Male	PC - Pacific Swimming	Meet / Competition	In Water	Swimmer was in water at completion of event awaiting fly-over start of next heat. Starter stood heat up and swimmer on block fell into pool hitting swimmer in heat. He was startled but appeared un-hurt.	Swimmer was fine and swam his next event later of the meet.
Female	PC - Pacific Swimming	Meet / Competition	On Blocks	Swimmer was on the starting block getting ready for the 200 free and slipped and hit her hip on the block.	Bruise on leg
Male	PC - Pacific Swimming	Practice / Water	In Water	during practice swimmer bumped his head while circle swimming.	felt a little dizzy and sat out so
Male	PC - Pacific Swimming	Meet / Competition	On Blocks	Swimmer bumped his head on the diving block while attempting to get out of the water.	bump approximately 3 inches by 2 inches
Female	PN - Pacific Northwest Swimming	Meet / Competition	On Blocks	Swimmer cut her knee on the blocks prior to a swim	slice across patella
Male	PN - Pacific Northwest Swimming	Practice / Water	In Water	athlete jumped into the pool and spun around and hit his chin on the wall. Was given a gauze to stop the bleeding along with some ice. Mom took him to Clinic for stitches.	Cut to chin.
Male	PN - Pacific Northwest Swimming	Practice / Water	Deck	Swimmer slipped and fell going around the corner of the pool. Swimmer was walking quickly slipped, fell, landing on bottom first then hitting back of head. Swimmers state was altered when approached. Body was posturing with left arm out (extended) and right arm bent at elbow and tucked to chest (ATNR like). When asked name swimmer paused, eyes were gazing to left. Swimmer was able to state name slowly with very slurred speech. Unknown if swimmer lost consciousness. Lifeguard approached . Lifeguard took over care. Swimmer began showing signs of agitation. 911 was dial	Hit head on pool deck

Female	PN - Pacific Northwest Swimming	Practice / Water	In Water	Head on collision during practice. Nose was bleeding after the hit.	Nose was hit and bloody. Was concerned about a possible break. Went to see her Pediatrician who referred her to an ENT for a possible broken nose. After going to the ENT she was all clear and no broken nose.
Male	PN - Pacific Northwest Swimming	Practice / Dry-Land	Stairs	Group was doing jumps up the steps as part of the dry-land activity. Foot slipped out and fell scratching his right eyebrow and hyper extending his elbow as he was trying to catching himself.	Scratched eyebrow and sore elbow.
Female	PN - Pacific Northwest Swimming	Meet / Warm-up	Deck	During leg swing stretch, swimmer slipped, and landed on left wrist	swollen left wrist, pain at wrist, noticeable deformity at injury site
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	During backstroke swimmer missed judged the wall and hit her head on the wall	Swimmer reported her head hurt, no bleeding or swelling was noted
Female	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	athlete placed her foot in the gutter to assist herself getting out of the pool. As she lifted her body up by her arms she heard a popping sound in her left knee.	Possible dislocated or strained knee.
Female	PN - Pacific Northwest Swimming	Practice / Water	In Water	athlete was swimming backstroke into the wall and was struck in the head by the hand/forearm of another swimmer leaving the wall from a flip turn.	At the time athlete complained of soreness where she was impacted on the head. She was later diagnosed by a doctor as having a concussion.
Male	PN - Pacific Northwest Swimming	Practice / Water	Deck	athlete received a 1/4" long cut on the underside of his jawline when the handle of the pool cover roller rotated and hit him.	athlete has a cut approximately 1/4" in length on the underside of his jawline.
Female	PN - Pacific Northwest Swimming	Meet / Competition	Outside Venue	Small cut on knee and scratched toes after slipping while playing outside.	small cut on knee scratched toes
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	During backstroke turn swimmer pushed off and her foot slipped causing undue stress on her knee. Possible sprain was attended to by facility staff with the application of ice.	sprained knee
Male	PN - Pacific Northwest Swimming	Meet / Competition	On Blocks	jammed finger into block	pain, no bruising
Male	PN - Pacific Northwest Swimming	Meet / Competition	In Water	while racing backstroke, his fingers ran into the lane line.	slight swelling, no bruising
Female	PN - Pacific Northwest Swimming	Meet / Competition	Bleachers	Swimmer slipped on a blanket left on the bleacher seat.	Bruise, possible sprain
Male	PN - Pacific Northwest Swimming	Meet / Competition	On Blocks	Swimmer fell off the block into the water and hit his wrist on the lane line	Sore wrist
Female	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	During warm-up, the athlete was kicked by another athlete in the face, became dizzy. She stopped the swimming and didn't come back to the meet, so she can be checked for concussion.	Possible Concussion.
Male	PN - Pacific Northwest Swimming	Practice / Water	In Water	Jammed a toe on his left foot during a flip turn.	Toe is sore to touch and a move. Purple coloring around injured toe.
Female	PN - Pacific Northwest Swimming	Walking down the stairs	Stairs	She was walking down the stairs after practice and lost her footing. She landed on her tailbone and it caused a small fracture.	Tailbone small fracture.
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	Swimmer reported at the end of her relay she jammed her finger when touching the touch pad.	Swimmer reported pain in her middle finger , no swelling or redness noted. No pain to touch but swimmer reported pain with bending her finger.
Male	PN - Pacific Northwest Swimming	Meet / Competition	Deck	Swimmer was running on deck instructed swimmer to stop running as he slipped and fell.	Swimmer fell on his back, scratches on the side of his ankle were noted and swimmers reported his left hand hurt "a little".
Male	PN - Pacific Northwest Swimming	Meet / Competition	Deck	Swimmer was sitting on the top row of the bleachers, he stood up on the bleachers and hit his head on the corner of the score board.	Small cut on the right side of the swimmers head slightly bleeding.
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	Swimmer hit her knee on the bottom of the pool during the turn changing to the breaststroke, then swimmer pushed off with her feet and hurt her ankle	Swimmer reported her knee and ankle hurt. No redness or swelling noted, No pain with light touch.
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	During the backstroke swim swimmer miss judged the wall and hit arm on the touch pad causing bruising	Forearm appeared red and started bruising.
Female	PN - Pacific Northwest Swimming	Meet / Competition	Bleachers	SWIMMER SLIPPED ON BLEACHER AND FELL TO DECK	CUT AND BRUISE
Female	PN - Pacific Northwest Swimming	Meet / Competition	Deck	exiting pool during warm ups, slipped on deck and hit back of head on starting block step.	bump on back of head. headache in forehead area.
Female	PN - Pacific Northwest Swimming	Meet / Competition	In Water	Swimmer bumped head on pool walls at turns during a race.	Pain at crown of head.
Female	PN - Pacific Northwest Swimming	Meet / Warm-up	In Water	Jogging in the shallow end of the warm up pool, slipped on something in the pool and cut her foot.	Cut on big toe of the left foot.

Male	PN - Pacific Northwest Swimming	Meet / Competition	In Water	Experienced labor breathing after swimming the 500 Free (Event 108, Heat 1, Lane 1). Coach and parent was notified. Lifeguards assessed condition and took no action. Swimmer relaxed in waru-up pool, improved and left deck.	Labored Breathing
Male	PV - Potomac Valley Swimming	Meet / Competition	In Water	Athlete was swimming the backstroke and missed the backstroke flags and hit his head on the wall - he finished the race but got out of the water and complained of dizziness	Stabilized head and called 911
Male	PV - Potomac Valley Swimming	Practice / Water	In Water	Swimmer was kicked in the eye during in water practice.	Bruise around eye area
Female	PV - Potomac Valley Swimming	Meet / Competition	In Water	While swimming during warm-ups, swimmer in front of her kicked her in the face. Swimmer stated her vision was impaired and a nosebleed also occurred. (Possible Concussion suspected). Immediate action taken was to clean area around eye where blood was noted. Swimmer then sat down and relaxed. Nose bleeding was brought under control. Ice was applied to head.	Swimmer stated her vision was impaired and a nosebleed also occurred. (Possible Concussion suspected).
Male	PV - Potomac Valley Swimming	Practice / Dry-Land	Bleachers	Was stretching during dryland and "rolled" off of a mat and hit his head on the floor. The coach (Bradley Coyle) noticed him not participating in the ensuing dryland exercises, and asked athlete what was wrong. Athlete complained of a headache. The coach sent him to the lifeguard office and asked the lifeguards to check for a concussion. The guards found no signs of concussion.	Complained of a headache after the incident. No further signs of a concussion were witnessed.
Female	PV - Potomac Valley Swimming	Practice / Water	In Water	athlete cut her arm on a sharp broken tile on the side of the pool	1 inch long cut on left arm
Female	PV - Potomac Valley Swimming	Meet / Competition	In Water	Athlete was swimming the 200 backstroke and during the last 50 she said everything went numb. She felt light headed and dizzy	Numb, light headed, and dizzy
Male	PV - Potomac Valley Swimming	Meet / Competition	In Water	Abrasion - Scraped open existing scab when exiting the pool	Abrasion - Scraped open existing scab when exiting the pool
Female	PV - Potomac Valley Swimming	Meet / Competition	In Water	Swimmer hit head on pool wall at finish of backstroke swim	Small bump, no bleeding
Male	PV - Potomac Valley Swimming	Meet / Warm Down	In Water	Athlete hit hand on wall and cut his finger on wall	Athlete cut left ring finger on wall
Female	PV - Potomac Valley Swimming	Meet / Competition	On Blocks	Athletes foot slid off back of block (track start wedge)	Athlete scraped top of foot on track start wedge
Male	PV - Potomac Valley Swimming	Meet / Competition	In Water	During race, athlete felt groin tighter. Each lap it increased in tightness.	Suspected pulled thigh
Male	PV - Potomac Valley Swimming	Entering facility	Outside Venue	Stubbed toe and tore skin on right great toe	Stubbed toe entering facility and tore skin on right great toe
Male	SD - South Dakota Swimming	Practice / Water	On Blocks	Athlete was standing on block and lost balance and fell in pool, hit right hip, right elbow, right wrist, and right hand by thumb,	Right elbow and bottom of right hand bruised
Male	SD - South Dakota Swimming	Practice / Water	On Blocks	Athlete went to step up onto block step and lost balance	Left foot
Male	SD - South Dakota Swimming	Meet / Competition	Hallway	was warming up and cut finger on coke machine	cut
Male	SD - South Dakota Swimming	Meet / Warm-up	In Water	swimmer was doing a flip turn at the wall and caught his left foot on a staple/bolt on top of the pad.	1 inch cut on left bottom of foot
Female	SD - South Dakota Swimming	Meet / Competition	Deck	stepped on timing equipment and cut toe	minor cut
Female	SE - Southeastern Swimming	Meet / Competition	Deck	Fainted on deck	No injury other than fainting spell
Female	SE - Southeastern Swimming	Meet / Competition	restroom	Felt dizzy in concourse; walked to restroom with friend and doesn't remember anything after that. Her friend indicated that she passed out while washing her hands	fainted
Male	SE - Southeastern Swimming	Meet / Competition	In Water	Athlete hit his head on the handicapped access chair in the dive well during warm down	Bump on head
Female	SE - Southeastern Swimming	Practice / Dry-Land	Deck	During dry-lands the swimmer was not aware of her surroundings and got lightly kicked in the eye.	Swimmer got knocked in the eye. There was no swelling or bruising. Swimmer just felt a little bit of pain surrounding her eye. Her goaques bothered her eye. Her Scrape from falling into the pool on her upper thigh. No blood was drawn but there are red lines on her leg.
Female	SE - Southeastern Swimming	Practice / Water	Deck	As athlete was getting out of the water her foot slipped and she slid into the pool and scraped the upper part of her thigh.	Approx. 1 inch cut in length to the back of the head. Moderate Bleeding.
Female	SI - San Diego-Imperial Swimming	Meet / Warm-up	In Water	While warming up in the warm up pool for race, the swimmer hit the back of her head on the pool edge while swimming backstroke.	Right knee dislocated.
Male	SI - San Diego-Imperial Swimming	Practice / Dry-Land	On field next to pool	Group was finishing supervised dryland with a 10 minute game of touch football. Josh slipped on the grass and dislocated his right knee.	

Female	SN - Sierra Nevada Swimming	Meet / Warm-up	Deck	athlete felt dizzy and fainted then hit her head on the ground. Dad tried to catch her as she fell. She hit the back of her head but did not appear to lose consciousness.	Fell and struck back of head on concrete deck.
Female	SR - Snake River Swimming	Practice / Water	In Water	The group swimmers were circle swimming in practice, athlete swam freestyle collided with another incoming girl who swam backstroke. athlete feel some pain on her hand and other swimmer was OK.	swimmer broke her left ring finger. Member went to urgent care in evening of incident and was referred to an orthopedist
Female	SR - Snake River Swimming	Practice / Water	In Water	While swimming in lane, swimmer's hand was kicked by another swimmers.	Finger was jammed when kicked by another swimmer.
Female	SR - Snake River Swimming	Practice / Water	Locker Room	Going into locker room another person ran into swimmer which caused swimmer to fall on her right hip.	Right hip was red and a bruise was starting to form. Also landed on her right hand. The proximal part of her right had was hurting right below her wrist.
Male	SR - Snake River Swimming	Practice / Water	In Water	athlete was doing backstroke and forgot to count his strokes from the flag to the wall. He hit his head fairly hard on the wall.	Top of head.
Male	ST - South Texas Swimming	Meet / Competition	Locker Room	Athlete slipped in the locker room and cut his chin	deep cut on the chin
Male	ST - South Texas Swimming	Post-practice 10 min. warm-up in the Therapy pool.	In Water	Three boys playing tag in therapy pool. athlete was swimming away from one boy when he hit his teeth on the hand railing of the entry ramp. The other team members still in the pool did not know that athlete hit his teeth. I questioned him about what happened when I noticed him holding his hand in front of his mouth.	Right front tooth distal edge chipped (1/8"x1/16").
Male	ST - South Texas Swimming	Meet / Competition	In Water	Swimmer Hit the wall with a straight arm on back stroke touch and later as he touched swimming free it really started to hurt	Sharp pain in the forearm area
Female	ST - South Texas Swimming	Practice / Dry-Land	Outside Venue	swimmer hurt leg during dryland workout.	Swimmer hurt Right foot in practice. Was unable to put pressure on foot.
Female	ST - South Texas Swimming	Practice / Water	Deck	Fell on her back	Swimmer slipped on deck and fell on her back.
Female	ST - South Texas Swimming	Meet / Competition	In Water	athlete was getting out of the pool and skinned her shin (L leg below knee) on the bulkhead.	Small minor abrasion requiring antibiotic and a bandaid.
Male	ST - South Texas Swimming	Meet / Competition	In Water	Hit his foot on the wall during flip turn	Hit his foot on the wall during flip turn
Male	ST - South Texas Swimming	Meet / Competition	In Water	During warm up - kicked by another swimmer	Kicked in shoulder
Female	ST - South Texas Swimming	Practice / Water	In Water	Initiating flip turn very close to the wall, swimmer hit head against wall.	Deep gash to forehead
Female	ST - South Texas Swimming	Meet / Competition	On Blocks	Athlete fell through the block steps as she as stepping on to the block for her race	Scratch on left shin, did not bleed, only bruised
Female	ST - South Texas Swimming	Meet / Competition	In Water	Foot caught between gap in bulk head on flip turn during the 500 Free.	Bottom of foot injured during flip turn
Male	UT - Utah Swimming	Meet / Warm-up	In Water	athlete was passing a teammate during warm up while, another swimmer was swimming toward athlete in the same lane, swimming butterfly. The hand of the butterfly swimmer hit athlete in the face breaking his nose.	Broken nose & deviated septum
Female	UT - Utah Swimming	END OF PRACTICE	Deck	Swimmer was getting out of the pool at the end of practice when she slipped and hit her face on the edge of the pool. She scrapped her lips and chipped her two front teeth. She was embarrassed and didn't show the Coach. She went straight to the locker room and washed off the blood, and went home to tell her parents	Scrapes to face, and chipped two front teeth
Female	UT - Utah Swimming	Practice / Water	In Water	Swimmer collided with another swimmer in the lane.	Swimmer hit her head on another swimmer
Female	UT - Utah Swimming	Practice / Water	In Water	athlete was kicked in the face by another swim team member. Her goggles hit her left eye. She has a small laceration on her upper left eye lid and swelling of the eye.	laceration of upper left eye lid, swelling
Female	UT - Utah Swimming	Practice / Dry-Land	Outside Venue	Swimmer was walking back to pool after dryland session and stepped onto a insecure manhole. The manhole plate flipped up and the swimmers right leg fell through the hole.	Abrasions and swelling on the upper leg and just below the knee.
Male	UT - Utah Swimming	Meet / Warm-up	In Water	Chad was swimming fly during warm up and his hand collided with the nose of another swimmer.	Swollen hand with bruising
Female	VA - Virginia Swimming	Meet / Warm-up	In Water	During a flip turn during warm-ups for a race, lacerated right heal on wall/bulkhead. Did not realize extent of wound and was bleeding on block shortly thereafter at start of competition race. Noticed by Timers after start of race. Was treated at lifeguard station -- wound cleaned with peroxide, and bandaged. Blocks and surrounding area cleaned with bleach.	Laceration on right heal. Bleeding was stopped, wound cleaned, and bandaged. Parents took her for additional medical treatment after her foot being bandaged.

Male	VA - Virginia Swimming	Practice / Water	In Water	During practice, swimmer and teammate were swimming backstroke with fins on and collided heads.	Slight concussion - mom took swimmer to urgent care the following day after swimmer was experiencing head pain and nausea during school.
Female	VA - Virginia Swimming	Practice / Water	In Water	swimmer was doing a start from the blocks. She pushed off incorrectly, at a downward angle and hit her head at the bottom of the pool.	Top of head hurt
Female	VA - Virginia Swimming	Meet / Competition	In Water	Athlete got hit on head during warm up session, which was quite crowded, as lanes were assigned to each team. She got kicked in the head when she pushed off the bottom of the pool.	concussion diagnosed 24 hours after completion of meet
Male	VA - Virginia Swimming	Practice / Dry-Land	Deck	Swimmer failed to catch a medicine ball during prone lat throws. The ball hit him in the forehead and he then hit his head on the pool deck.	concussion
Female	VA - Virginia Swimming	Meet / Warm-up	In Water	Doing a flip turn and heel stuck the side of the gutter.	Laceration on right heel.
Male	VA - Virginia Swimming	Practice / Dry-Land	Gym	Athlete injured knee doing running sprints (shuttle run). Injury occurred when athlete turned 180 degrees to go in the other direction.	Athlete said he turned awkwardly, felt a couple "pops" in his knee and then couldn't walk on it.
Male	VA - Virginia Swimming	Practice / Dry-Land	Gym	Athlete while swinging his hands preparing to do a box jump hit his finger on the box edge.	Fractured index finger
Female	VA - Virginia Swimming	Practice / Water	Gym	Athlete attempted to do a box jump, miscalculated the jump and fell back on wrist.	Sprained wrist
Female	VA - Virginia Swimming	Practice / Water	In Water	Practice was over and athlete was getting out of the water and bumped her head on the block. She had a small cut in her eyebrow.	Small cut in the left eyebrow
Female	VA - Virginia Swimming	Practice / Water	In Water	Two swimmers hit heads on start off blocks and start in the water	above
Female	VA - Virginia Swimming	Practice / Water	In Water	Swimmer did a start off the block as a swimmers did a BK start when she wasn't suppose to. They hit heads	above
Female	VA - Virginia Swimming	Practice / Water	In Water	Swimmer was kicked in the eye and cut by her goggles	Small cut on the top and bottom of left eye
Female	VA - Virginia Swimming	Meet / Competition	In Water	Cut foot while getting out of the pool	Cut Foot while getting out of the pool
Female	VA - Virginia Swimming	Practice / Water	In Water	Cut big toe on the right foot	Cut big toe on the right foot
Female	VA - Virginia Swimming	Practice / Water	In Water	a bleeding blister on little toe of the left foot.	Bleeding blister on the little toe of the left foot
Female	VA - Virginia Swimming	Meet / Competition	On Blocks	Foot slipped and minor scrape.	Small cut.
Female	VA - Virginia Swimming	Meet / Competition	In Water	Child at the became very short of breath at the 14th lap of the 500 yard Freestyle event. She opeted to exit the pool at the start end. She was moving air adequately with breathing, but demonstrated labored breathing. She deniec any chest, back, or abdominal pain. Her Mother gave her inhaler, which helped.	As above.
Female	VA - Virginia Swimming	Practice / Dry-Land	Gym	Athlete pinched finger between dumb bells	Athlete pinched finger between dumb bells when placing dumb bells back on rack
Female	VA - Virginia Swimming	Practice / Dry-Land	Gym	Athlete pinched finger between dumb bells	Athlete pinched finger between dumb bells
Male	VA - Virginia Swimming	Practice / Water	In Water	Hit in head with foot	Hit in head with foot
Female	VA - Virginia Swimming	Practice / Water	In Water	swimmer doing back to breast turn and came off wall in middle of lane and had collision with swimmer swimming into wall doing backstroke	mild concussion
Male	VA - Virginia Swimming	Practice / Dry-Land	Gym	Hit finger at base of his hand swinging his arms preparing to do a box jump.	Jammed finger while doing dry land training.
Female	VA - Virginia Swimming	Meet / Warm-up	Deck	Door to Instructional pool was opened onto foot by friend and the bottom of the door cut the right foot	Laceration on outside of right foot near pinkie toe
Female	VA - Virginia Swimming	Practice / Water	On Blocks	Athlete climbed onto the blocks to work on a Start and slipped and scrapped both her shins. She is fine... she required a Band-Aid on each sheet and was given ice.	scrapped some skin off both shins, very minimal bleeding.
Male	VA - Virginia Swimming	Practice / Dry-Land	Gym	cut leg on stationary bike	6" laceration on left leg going down starting at knee.
Female	VA - Virginia Swimming	Practice / Dry-Land	Gym	The child in question sprained/injured her ankle while running during drylands.	Her ankle hurt her excessively to move it and began to swell by the time a parent arrived to take her home.
Female	VA - Virginia Swimming	Practice / Dry-Land	Gym	The child in question sprained her ankle while running during drylands.	Her ankle hurt her excessively to move it and began to swell by the time a parent arrived to take her home.

Female	VA - Virginia Swimming	Practice / Water	Deck	Swimmer was walking on deck from the locker rooms, slipped and fell on her bottom and elbow. No injury occurred. Swimmer only complained that her elbow "kind of hurt." Swimmer sat out of practice for a short time and then asked to get in. She remained for the entirety of practice with no complaints. Mother was notified by phone of the incident.	Swimmer Feel when exiting the locker room. No injury is reported for this incident.
Female	VA - Virginia Swimming	Meet / Competition	In Water	Swimming hit forehead coming into the wall on butterfly while making a turn	Swimmer received a contusion and swelled after hitting her head on the wall while making an open turn.
Male	VA - Virginia Swimming	Meet / Warm-up	In Water	swimmer did flip turn and got small cut on toe from touch pad.	small cut on toe
Female	WI - Wisconsin Swimming	Meet / Warm-up	In Water	Swimmer did a flip turn during warm ups and hit both heels on the top edge of the wall, bruising the right heel and splitting the left heel open.	Heel of the left foot split open from impact on edge of pool
Male	WI - Wisconsin Swimming	Practice / Water	In Water	Team was doing underwater kicking and swimmer came up and then went back under the water. Coach ran down at the same time alerting 2 mother's (one a registered nurse). The nurse was closest and jumped in and pulled swimmer out. He had gone unconscious but when pulled out took a breath of air and then vomited.	Unconscious when 1st pulled from water but came conscious as soon as he got pulled out. He was alert and acting appropriately.
Female	WI - Wisconsin Swimming	Meet / Competition	On Blocks	The swimmer pulled back on her start and the torque tore her left biceps and bicep tendon.	Torn left bicep and bicep tendon
Male	WI - Wisconsin Swimming	Meet / Competition	Deck	Swimmer was swinging on the ladder and slipped and went head first onto the tile floor, which then split open his chin.	His chin was split about a half an inch to three quarters. A very clean cut.
Female	WI - Wisconsin Swimming	Practice / Dry-Land	Hallway	During dry-land training, jumping exercise, swimmer landed on right foot in an awkward fashion. Swimmer tried to put weight on the right foot and could not. Sat swimmer down on the floor and sent for an athletic trainer. Trainer brought ice and did a quick diagnosis of the injury. We then moved swimmer down to the pool deck via a elevator and sat swimmer down on deck. The trainer then administered ice to the injured ankle. Swimmer iced injury for about 30 minutes, and contacted parents. When parents arrived they took swimmer to a local urgent care for x-rays	Rolled ankle, laterally. Bruising and inflammation occurred on the lateral side of ankle and foot.
Female	WI - Wisconsin Swimming	Practice / Water	In Water	athlete was swimming into the wall, and another swimmer pushed off the wall and connected with her face. Bloody nose and bruise on bridge of nose	Bloody Nose, bruise on bridge of nose suspected from goggle nose piece
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	Swimmer became short of breath after swimming a 200 backstroke. She was provided her inhaler by a team member.	N/A
Female	WI - Wisconsin Swimming	Meet / Competition	Deck	Slip and fall	Contusion on elbow, possible soft tissue, possible jerked neck.
Male	WI - Wisconsin Swimming	Practice / Water	Deck	DRAIN COVER MOVED AND SWIMMER CUT BOTTOM OF FOOT ON THE EDGE	SMALL CUT ON BOTTOM OF FOOT
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	Jammed Finger at finish	Jammed Finger at Finish /Either Sprained or Broken
Female	WI - Wisconsin Swimming	Meet / Competition	Bleachers	Bleacher guard at end of bleacher fell off when athlete stepped on it and her leg fell through where bleachers met and wedged knee in between bleachers.	Right knee scraped and bruised on both sides of knee.
Female	WI - Wisconsin Swimming	Exiting pool	Edge of pool	Swimmer cut her foot while climbing out of the pool. Her toes slid apart on the edge of the pool. No sharp material present.	Swimmer was cut between toes resulting in a flap of skin and bleeding.
Female	WI - Wisconsin Swimming	Meet / Competition	In Water	Hit head on backstroke turn	Hit head during backstroke competition
Female	WI - Wisconsin Swimming	Meet / Competition	Appleton north high school entrance	Slipped. Snowing outside. Swim meet parent of participant.	walked out of pool area, wet surface, janitorial service had moved mat for cleaning, fell full weight on right knee.
Female	WY - Wyoming Swimming	Practice / Water	In Water	While kicking on back, put head directly back to see swimmer and got kicked in the nose.	Bloody nose, gushing, stopped within 3 minutes
Male	WY - Wyoming Swimming	Practice / Water	On Blocks	After an unusual start, athlete grazed the bottom of the pool with his head. He hit the top of his head.	Hit top of head, no pain, no other symptoms.
Female	WY - Wyoming Swimming	Practice / Water	Deck	While wearing fins, she slipped into the water and fell on the edge of the wall between her legs, possibly injuring her tailbone.	possible bruised coccyx
Female	WY - Wyoming Swimming	Meet / Competition	Bleachers	Injured party slipped on bleachers and her left leg fell thru bruising her shin area.	Bruised shin

Female	WY - Wyoming Swimming	Practice / Water	In Water	athlete pushed of the wall on her back and she hit her head against the head of another swimmer.	Bump on back of head just to the right of the midline.
Male	WY - Wyoming Swimming	Practice / Water	In Water	Swimming down the lane when a girl swam down the wrong side and collided with athlete, causing a cut and slight swelling on his forearm.	laceration about 1" long, bleeding stopped within 1 min with pressure over clean dressing
Female		Meet / Competition	Outside Venue	incident was reported next day by. Guest fell next to her car on ice and wanted to drive close to home for medical attention. broken hip	broken hip
Female		Practice / Dry-Land	beach	During a dry land exercise, another athlete fell onto lower leg.	Fibula was broken.
Male		Practice / Dry-Land	Gym	Dryland training on a basketball court	Ruptured patella tendons in both knees
Female		Practice / Dry-Land	Outside Venue	entering the building	sprained ankle
Male		Meet / Competition	Bleachers	passed out from heat	passed out from heat and hit head
Female		Meet / Competition	Hallway	departing meet	cut to back of scalp
Female		Practice / Dry-Land	dryland deck area	fell while doing dryland exercise injuring wrist	fractured wrist
Female		Meet / Warm-up	In Water	dove into water and hit head on bottom of pool	hit head on bottom of pool. complained of back pain. was assisted out of the pool on a backboard and ems took her to the hospital
Female		Parent Volunteer running timer sheets	Deck	slipped and fell forward but able to avoid head contact with deck while delivering time sheets to timers just prior to session start.	Bruised right knee, left hand. Muscular strain triceps, left shoulder, back, front of neck.
Female		Meet / Competition	Deck	Swimmer experienced what seemed to be a panic attack and was hyperventilating following an event.	Swimmer experienced what seemed to be a panic attack and was hyperventilating following an event.
Female		Meet / Competition	bulkhead	athlete jumped into the water from the bulkhead. Her foot came up and she scraped it on the bulkhead.	Minor scrape to heel. Minor bleeding. First aid provided on site. No other treatment required.
Female		Meet / Competition	In Water	Swimmer lightheaded in water. Could not catch breath and was dizzy. Needed assistance out of pool.	Not injured persay- just dizzy.
Female		Meet / Competition	Deck	While volunteer was sitting and timing race a speaker fell from it's stand and struck her in the head and shoulder.	After ice was applied and volunteer sat for a while she asked to continue with her timing.
Female		Meet / Competition	Deck	Fell on deck.	Fell on deck. Hit tailbone, head.
Female		Meet / Competition	Outside Venue	slipped and fell in parking lot. hit head on ground.	bump to back left side of head.
Male		Meet / Competition	Bleachers	Slipped walking up the bleachers and hurt shins and foot	Bumps on shin and scrape on left foot
Male		Meet / Competition	In Water	Athlete bumped head on backstroke prior to turn	bump on head
Male		Meet / Competition	On Blocks	He slipped and his foot scraped the block at the race start.	Antiseptic applied to minor abrasion on the top of his right foot. Bandaid applied.
Female		Meet / Competition	In Water	Swimmer cut her finger on a metal strip in the bulkhead during a flip turn in her event	Small cut on tip of finger
Female		Meet / Competition	Spectator Viewing Stands	Spectator stepped over the back of seat and her foot slid in between the folding bottom and back of stadium seat. Foot and leg became stuck.	Foot/leg was stuck between folding bottom and back of stadium seat. Slight pain/discomfort.
Male		Practice / Water	Deck	athlete and another swimmer were racing on a 25 off the blocks. At the end of the race athlete commented that he had beat her at the race. Out of anger the other swimmer scratched athlete in the chest.	3 scratches in the middle of swimmer's chest. The 2 outside scratches were more faint. The middle scratch broke the skin and was about 5-6 inches long. The scratch was not bleeding.
Male		Meet / Competition	On Blocks	Starter said "stand" instead of starting the race. Swimmer fell in water and tried to grad the block on the way in. He hurt his wrist/forearm.	Hurt wrist/forearm - slight sprain
Male		Meet / Competition	Bleachers	Spectator tripped on bleachers and landed on knee	Bruised knee
Male		Practice / Water	In Water	Swimming backstroke. Hit head at the end of the pool.	Hit head at the end of the pool while swimming backstroke.
Male		Practice / Dry-Land	In Water	During a flip turn swimmer's foot was cut by a partially covered return vent. The cover is missing and there are loose screws	1/4" cut in large toe
Female		Swim 4 fun - lesson	Deck	feel running on deck.	Feel running on deck and scrapped knee and elbow

Male	Practice / Dry-Land	Balcony	Athlete was running for dry-land, tripped on his shoelace and fell hitting his knee on the ground, bruising it.	Bruising on left and right knee
Female	Meet / Warm-up	Locker Room	Athlete was walking into locker room and door slammed on her toe	laceration on left tip of toe
Female	Meet / Warm-up	Locker Room	While exiting the locker room, another athlete slammed the door into this athlete. Injured athlete felt dizzy and confused and approached lifeguards.	Athlete hit head on door exiting the locker room, felt dizzy and lightheaded.
Female	Practice / Dry-Land	Outside Venue	was running, fell, and scraped her knee	was running, fell, and scraped her knee
Male	Practice / Water	Deck	athlete said he was running to practice when he fell and cut up his leg.	Cut on LEFT knee
Female	Meet / Competition	In Parking Lot	Slipped in parking lot	Abrasion on right hand. Pain in lower back, right shoulder, right wrist, right hand
Male	Meet / Competition	Deck	athlete was climbing out of warm-up pool and stepped on lane line connector	Small cut on big toe and some swelling
Female	Meet / Competition	In Water	When swimmer pulled up for backstroke start the backstroke wedge came off the block and hit her in the face/nose	Nose pain and bleeding from nose
Male	Meet / Competition	On Blocks	Athlete slipped on block and cracked toenails	Athlete cracked toenails causing a hangnail
Female	Meet / Warm-up	In Water	Athlete scraped toes on starting block in lane 4 of main competition pool	3rd and 4th toes of right foot were scraped
Male	Meet / Warm-up	In Water	Athlete cut toe while making a turn in the pool	Cut big toe on right foot
Female	Meet / Competition	In Water	Athlete ran right hand alongside of touch pad accidentally.	Athlete had small cut on right hand ring finger.
Female	Practice / Dry-Land	Deck	Heel is hurting	walking and then jumped and hurt heel
Female	Meet / Competition	In Water	Hyperextended left elbow on finish of event. Felt a pop in elbow.	Apparent hyperextension to left elbow
Male	Meet / Warm-up	In Water	He was swimming during warm up and his knee hit another swimmer in the water. When he stepped out of the water his left knee started hurting. He has hard time walking on the injured leg and hurts when he bends the leg.	Pain and swelling in the left knee