

NIAGARA SWIMMING RECORDS

05/12/2017

Women's SCY LSC Records

Age Group	Event	Time	Date	LSC-Club	Swimmer	Meet
10 & under	50 FR	26.06	04/01/2010	NI-CAGO	Samantha Suer	2010 NI Eastern Zone SC Champs
10 & under	100 FR	56.10	03/10/2017	NI-UN	Sophia Lee	2017 NI - Niagara LSC Championships
10 & under	100 FR	56.10	03/10/2017	NI-UN	Sophia Lee	2017 NI - Niagara LSC Championships
10 & under	200 FR	2:02.48	03/11/2017	NI-UN	Sophia Lee	2017 NI - Niagara LSC Championships
10 & under	200 FR	2:02.48	03/11/2017	NI-UN	Sophia Lee	2017 NI - Niagara LSC Championships
10 & under	500 FR	5:36.15	11/23/2013	NI-CSCI	Taryn Wisner	2013 NI - JETS Greater Syracuse Invitati
10 & under	1000 FR	11:33.44	12/08/2013	NI-CSCI	Taryn Wisner	2013 NI - SYCH Freestyle Frenzy
10 & under	1650 FR	20:04.62	11/17/2000	NI-SHAQ	Bethany Fried	Unknown
10 & under	50 BK	29.62	03/12/2017	NI-UN	Sophia Lee	2017 NI - Niagara LSC Championships
10 & under	50 BK	29.62	03/12/2017	NI-UN	Sophia Lee	2017 NI - Niagara LSC Championships
10 & under	100 BK	1:04.49	03/10/2017	NI-UN	Sophia Lee	2017 NI - Niagara LSC Championships
10 & under	100 BK	1:04.49	03/10/2017	NI-UN	Sophia Lee	2017 NI - Niagara LSC Championships
10 & under	200 BK	2:19.38	12/11/2016	NI-UN	Sophia Lee	2016 NI - STAR Short Course Invitat
10 & under	200 BK	2:19.38	12/11/2016	NI-UN	Sophia Lee	2016 STAR Short Course Invitat
10 & under	50 BR	33.58	12/07/2006	NI-UNAC	Sky Hoyt	2006 NI STAR Short Course Invite
10 & under	100 BR	1:14.07	12/07/2006	NI-UNAC	Sky Hoyt	2006 NI STAR Short Course Invite
10 & under	200 BR	2:46.33	06/10/2006	NI-UNAC	Sky Hoyt	2006 NI STSL East Meet 2
10 & under	50 FL	27.63	04/01/2010	NI-CAGO	Samantha Suer	2010 NI Eastern Zone SC Champs
10 & under	100 FL	1:01.01	04/01/2010	NI-CAGO	Samantha Suer	2010 NI Eastern Zone SC Champs
10 & under	200 FL	2:34.77	01/23/2010	NI-CAGO	Samantha Suer	2010 NI STSL East Meet 4
10 & under	100 IM	1:06.76	04/06/2010	NI-TWST	Kristen Romano	2010 FG NASA Showcase Classic
10 & under	200 IM	2:20.32	03/10/2017	NI-UN	Sophia Lee	2017 NI - Niagara LSC Championships
10 & under	200 IM	2:20.32	03/10/2017	NI-UN	Sophia Lee	2017 NI - Niagara LSC Championships
10 & under	400 IM	5:01.18	01/27/2017	NI-UN	Sophia Lee	2017 NI - STAR Winter Challenge
10 & under	200 FR-R	1:50.13	03/03/2013	NI-FAST	Rachel Koonmen, Abby Tucker, Nicole Beardsley, Madeleine Keller	2013 NI - SEAS 38th Annual Westside Invi
10 & under	400 FR-R	4:19.73	01/01/1995	NI-STAR	Jenna Hedrick, Ashley Stafford, Amanda Otto, Marie Wobert	Unknown
10 & under	200 MED-R	2:12.81	12/18/2014	NI-FAST	Ming Na Xu, Scarlett Ulatowski, Joleigh Crye, Ella Guilfoil	2014 NI - FAST Winter Time Trials
10 & under	400 MED-R	4:57.35	12/18/2014	NI-FAST	Ming Na Xu, Scarlett Ulatowski, Joleigh Crye, Ella Guilfoil	2014 NI - FAST Winter Time Trials

Women's SCY LSC Records

Age Group	Event	Time	Date	LSC-Club	Swimmer	Meet
11-12	50 FR	23.87	11/04/2015	NI-UN	Serafina Viola	2015 NI - OB - Girls Section V, Class A
11-12	100 FR	52.65	11/04/2015	NI-UN	Serafina Viola	2015 NI - OB - Girls Section V, Class A
11-12	200 FR	1:54.14	01/01/1997	NI-UBAM	Rachael Rubin	Unknown
11-12	500 FR	5:09.53	02/15/2008	NI-LCAT	Erin McElfresh	2008 AD REGION 1 CHAMPS
11-12	1000 FR	10:37.39	01/18/2008	NI-LCAT	Erin McElfresh	2008 NI IMX Series, 14 & Under Gold Me
11-12	1650 FR	17:41.41	01/25/2008	NI-LCAT	Erin McElfresh	2008 NI Niagara Go The Distance
11-12	50 BK	27.98	12/13/2014	NI-UN	Paige Hetrick	2014 NI - STAR Short Course Invitational
11-12	100 BK	59.72	12/14/2014	NI-UN	Paige Hetrick	2014 NI - STAR Short Course Invitational
11-12	200 BK	2:11.29	04/11/2012	NI-TWST	Kristen Romano	2012 NASA Showcase Classic
11-12	50 BR	30.76	04/01/2004	NI-ITAC	Lindsey Norberg	2004 VA Eastern Zone SC Champs
11-12	100 BR	1:06.40	04/01/2004	NI-ITAC	Lindsey Norberg	2004 VA Eastern Zone SC Champs
11-12	200 BR	2:25.59	02/01/2015	NI-UN	Shannon Russell	2015 NI - STAR Winter Challenge
11-12	50 FL	26.38	04/11/2012	NI-CAGO	Samantha Suer	2012 NASA Showcase Classic
11-12	100 FL	57.40	04/11/2012	NI-CAGO	Samantha Suer	2012 NASA Showcase Classic
11-12	200 FL	2:10.25	04/11/2012	NI-CAGO	Samantha Suer	2012 NASA Showcase Classic
11-12	100 IM	1:01.59	03/29/2012	NI-TWST	Kristen Romano	2012 NI - Eastern Zone SC Swimming Champ
11-12	200 IM	2:11.39	03/31/2011	NI-TTSC	Makayla Sargent	2011 NI Eastern Zone SC Swimming
11-12	400 IM	4:37.45	03/17/2011	NI-TTSC	Makayla Sargent	2011 NI - Niagara LSC Championships
11-12	200 FR-R	1:45.26	11/03/2012	NI-FAST	Becca Evans, Sarabeth Hewa, Meg Kramer Palmer, Grace Chen	2012 NI - FAST Fall Invitational
11-12	400 FR-R	3:51.45	02/01/2002	NI-SHAQ	Julia Ruggiero, Rachel Giza, Bethany Fried, Alexandra Dockstader	2002 US Star 7th Annual
11-12	200 MED-R	1:55.45	02/26/2004	NI-ITAC	Eva Simitch-Warke, Lauren Norberg, Lindsey Norberg, Kali Dean	2004 NI 14 & Under Gold Champi
11-12	400 MED-R	4:20.86	03/21/2010	NI-TTSC	Madeline Jacumski, Megan Marsh, Lauren Phillips, Makayla Sargent	2010 NI LSC Championships

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Age Group	Event	Time	Date	LSC-Club	Swimmer	Meet
13-14	50 FR	23.37	11/16/2012	NI-UN	Katie Smith	2012 NI Ob - Girls NY State Federation Champ
13-14	100 FR	49.88	12/10/2016	NI-UN	Paige Hetrick	2016 Speedo Winter Jr. Champs
13-14	200 FR	1:48.78	11/19/2016	NI-UN	Paige Hetrick	2016 LE Mark J. Braun Fall Classi
13-14	500 FR	4:48.44	03/13/2003	NI-STAR	Andrea Lehner	2003 MR Speedo Champs
13-14	1000 FR	9:48.84	03/13/2003	NI-STAR	Andrea Lehner	2003 MR Speedo Champs
13-14	1650 FR	16:23.35	03/13/2003	NI-STAR	Andrea Lehner	2003 MR Speedo Champs
13-14	100 BK	55.22	04/16/2014	NI-TWST	Kristen Romano	2014 NASA Showcase Classic
13-14	200 BK	1:58.24	04/16/2014	NI-TWST	Kristen Romano	2014 NASA Showcase Classic
13-14	100 BR	1:02.34	03/21/2006	NI-ITAC	Lindsey Norberg	2006 FL NCSA Juniors Champs
13-14	200 BR	2:16.87	03/11/2017	NI-UN	Shannon Russell	2017 NI - Niagara LSC Championships
13-14	200 BR	2:16.87	03/11/2017	NI-UN	Shannon Russell	2017 NI - Niagara LSC Championships
13-14	100 FL	54.92	03/31/2017	NI-VICT	Megan Deuel	2017 NI - EZ North Speedo Short Course Sectional
13-14	200 FL	2:01.38	04/01/2017	NI-VICT	Megan Deuel	2017 NI - EZ North Speedo Short Course Sectional
13-14	200 IM	2:02.37	03/18/2014	NI-TWST	Kristen Romano	2014 FL AP NCSA Spring Championship
13-14	400 IM	4:17.31	03/11/2017	NI-UN	Shannon Russell	2017 NI - Niagara LSC Championships
13-14	400 IM	4:17.31	03/11/2017	NI-UN	Shannon Russell	2017 NI - Niagara LSC Championships
13-14	200 FR-R	1:39.10	12/18/2014	NI-FAST	Becca Evans, Grace Chen, Megan Palmer, Alli Kovaleski	2014 NI - FAST Winter Time Trials
13-14	400 FR-R	3:38.82	02/26/1997	NI-UBAM	Lisa Ranzenhofer, Heather Solomon, Lindsey Swensen, Rachel Rubin	Unknown
13-14	800 FR-R	7:59.21	03/12/2010	NI-LCAT	Natalie O'Brien, Karinna Browning, Kayla Sherwyn, Erin McElfresh	2010 NI Speedo Champions Series
13-14	200 MED-R	1:48.18	12/18/2014	NI-FAST	Grace Chen, Mia Baggett, Megan Palmer, Becca Evans	2014 NI - FAST Winter Time Trials
13-14	400 MED-R	3:58.83	12/29/2014	NI-FAST	Grace Chen, Mia Baggett, Megan Palmer, Becca Evans	2014 NI - FAST Winter Invitational,

Women's SCY LSC Records

Age Group	Event	Time	Date	LSC-Club	Swimmer	Meet
15-16	50 FR	22.73	10/16/2001	NI-UN	Kara Lynn Joyce	Hs State
15-16	100 FR	49.58	03/11/2017	NI-UN	Paige Hetrick	2017 MA AP YMCA PA Western District Champs
15-16	100 FR	49.58	03/11/2017	NI-UN	Paige Hetrick	2017 MA AP YMCA PA Western District Champs
15-16	200 FR	1:47.35	04/05/2017	NI-UN	Paige Hetrick	2017 NC AP YMCA Short Course Nationa
15-16	500 FR	4:48.08	11/20/2015	NI-UN	Lindsay Stone	2015 NI - Ob - NYS Federation Girls Swimming Champ
15-16	1000 FR	9:54.58	03/13/2014	NI-PACK	Lindsay Stone	2014 NI - Niagara LSC Championships
15-16	1650 FR	16:25.46	03/16/2010	NI-STAR	Courtney Otto	2010 FL NCSA Junior Natl Swimming
15-16	100 BK	55.82	03/11/2016	NI-FAST	Grace Chen	2016 NI - Niagara LSC Championships
15-16	200 BK	1:56.50	04/04/2017	NI-UN	Paige Hetrick	2017 NC AP YMCA Short Course Nationa
15-16	100 BR	1:02.43	11/17/2006	NI-ITAC	Lindsey Norberg	2006 NI NYSPHSAA Champs
15-16	200 BR	2:15.53	12/13/2014	NI-VICT	Kay Sargent	2014 Speedo Winter Junior Cham
15-16	100 FL	54.63	03/17/2011	NI-LCAT	Erin McElfresh	2011 NI - Niagara LSC Championships
15-16	200 FL	1:58.96	03/26/2009	NI-STAR	Courtney Otto	2009 PV Speedo Champions Series
15-16	200 IM	2:00.46	12/11/2014	NI-VICT	Kay Sargent	2014 Speedo Winter Junior Cham
15-16	400 IM	4:14.75	03/16/2010	NI-STAR	Courtney Otto	2010 FL NCSA Junior Natl Swimming
15-16	200 FR-R	1:36.43	03/27/2011	NI-TTSC	Aleza Epstein, Hannah Graesser, Rebecca Anthone, Lindsey Sagasta	2011 NI - North Region Speedo Championships
15-16	400 FR-R	3:28.17	03/19/2015	NI-TWST	Andrea Ernst, Kristen Romano, Katrina Wardner, Olivia Sapio	2015 FL NCSA Spring Championship
15-16	800 FR-R	7:32.61	03/18/2015	NI-PACK	Katie Smith, Emma Corby, Natalie Zaravella, Lindsay Stone	2015 FL NCSA Spring Championship
15-16	200 MED-R	1:48.47	01/24/2015	NI-TWST	Kristen Romano, Olivia Sapio, Andrea Ernst, Katrina Wardner	2015 NI - Niagara Senior Powerpoint
15-16	400 MED-R	3:54.46	03/13/2015	NI-PACK	Stephie Riley, Natalie Zaravella, Emma Corby, Katie Smith	2015 NI - Niagara LSC Championships

Women's SCY LSC Records

Age Group	Event	Time	Date	LSC-Club	Swimmer	Meet
17-18	50 FR	22.65	11/17/2016	NI-UN	Katie Smith	NC STATE GAC Invitational
17-18	100 FR	50.45	11/01/2012	NI-UN	Cari Stankaitis	2012 NI - Ob - Girls, Section V, Class B
17-18	200 FR	1:47.39	11/18/2016	NI-UN	Lindsay Stone	2016 NI - Ob - NYS Federation Girls Swimming
17-18	500 FR	4:45.18	02/20/2008	NI-UN	Ashley Twichell	2008 Women's ACC Championship
17-18	1000 FR	9:49.47	03/15/2011	NI-STAR	Courtney Otto	2011 NCSA Jr National Swimming
17-18	1650 FR	16:10.78	02/20/2008	NI-UN	Ashley Twichell	2008 Women's ACC Championship
17-18	100 BK	55.18	11/06/2007	NI-UN	Jenny Lewis	2007 NI NYSPHAA SECTION V CLASS A GIRLS SWIMMING
17-18	100 BR	1:01.41	03/12/2009	NI-ITAC	Lauren Norberg	2009 NE March Speedo Champs
17-18	200 BR	2:15.49	12/12/2015	NI-VICT	Kay Sargent	2015 Speedo Winter Jr. Champio
17-18	100 FL	53.54	03/18/2009	NI-UN	Logan Todhunter	2009 MN NCAA Division III Champs
17-18	200 FL	1:56.94	12/02/2011	NI-UN	Courtney Otto	Georgia Fall Invitational
17-18	200 IM	2:00.68	12/10/2015	NI-VICT	Kay Sargent	2015 Speedo Winter Jr. Champio
17-18	400 IM	4:13.82	12/11/2015	NI-VICT	Kay Sargent	2015 Speedo Winter Jr. Champio
17-18	200 FR-R	1:36.19	03/24/2013	NI-TTSC	Hannah Graesser, Aleza Epstein, Rebecca Anthone, Dina Rommel	2013 VA Speedo Championship Serie
17-18	400 FR-R	3:30.28	03/23/2013	NI-TTSC	Dina Rommel, Aleza Epstein, Rebecca Anthone, Hannah Graesser	2013 VA Speedo Championship Serie
17-18	800 FR-R	7:48.79	02/26/1989	NI-MCCM	Hall, T. Lorensen, L. Moschel, DeHaven	Unknown
17-18	200 MED-R	1:50.30	03/21/2015	NI-TTSC	Madeline Jacumski, Sydney Atendido, Megan Marsh, Tess Minigell	2015 NI - Speedo Sectionals at Ithaca
17-18	400 MED-R	3:58.01	03/13/2015	NI-TTSC	Madeline Jacumski, Sydney Atendido, Megan Marsh, Alexis Fredricks	2015 NI - Niagara LSC Championships

USA Swimming