

Town of Tonawanda Titans Swim Club Hosts the 8th Annual Halloween Swim Meet

October 28th, 29th, & 30th 2011

Held under the Sanction of USA Swimming # NI1112-001S
Mixed 12 & Under, 13 + Over Format

- Location:** Town of Tonawanda Aquatic & Fitness Center
Next to Sheridan Plaza on Sheridan Dr. between Delaware Rd. & Colvin Blvd.
Enter on Pool Plaza from Delaware Rd. From I 90 take I 290 to Delaware South Exit.
- Facilities:** Meet will be conducted in an 8-lane 25-yard pool with Paddock continuous flow through lane lines and Paddock gutter system, Colorado Timing System, electronic scoreboard with 8 lane readout and computer scoring (HYTEK Meet Manager Pro). Separate warm-up/Cool down facility will be available. The competition course has been certified in accordance with 104.2.2c (4). The copy of such is on file with USA Swimming.
- Parking:** Parking lot adjacent to the building. Parking is **NOT PERMITTED** in the Sheridan Plaza "ABOVE" lots in near ALDI's, Sears, Firestone and First Niagara Bank. OFFENDERS WILL BE TOWED.
- Sessions:** **Day 1 Friday October 28th** Warm up Begins at **4:30** Start **5:30**
Day 2-Saturday October 29th Warm-up begins at **7:30 am** Start: **8:30 am**
Day 3-Sunday October 30th Warm-up begins at **7:30 am** Start: **8:30 am**

Meet Personnel	Meet Director	Head Marshall	Meet Entries	Meet Referee
	Tim Bennett 716-863-6933	Kevin Telford	Scott Vanderzell 927 Stony point Grand Island, NY 14072 (716) 208-5372 sdv2@roadrunner.com	Bob Harms Mike Pucser

Officials: Anyone interested in officiating at this meet is welcome.
Please contact: **Pat Scherer @ patsev@aol.com** or at 716-523-9706

Timers: Timers will be supplied by the TTSC Titans with the following **exceptions**:
Swimmers must provide their own times for the 400 IM, 500 & 1000 Freestyle events.

FORMAT: Pre-seeded, Mixed-Events, Short Course-Yards .
POSITIVE CHECK-IN required for the 400 IM and the 500 & 1000 Freestyle, at the end of warm up. 400 IM, 500 Freestyle & 1000 Freestyle will be swum fastest to slowest.
The meet director reserves the right to limit the # of heats for the 400 IM and 500/1000 Freestyle.
Be prepared for fly over starts. 2 per lane may be used for distance free events if necessary.

Entry Fees:

1. Deck Fee	\$5.00/Swimmer
2. Individual Events	\$3.50
3. Relay Events	\$12.00

Make checks payable to **Town of Tonawanda Titans Swim Club**

Club Checks Only Please! (No personal checks for entries – unless Unattached)

- Entries:**
1. All times must be submitted in short course times. This is a Timed Final Meet
 2. **No swimmer may enter more than no more than 2 events Friday and 4 individual events plus 1 relay per day Sat and Sun.**
 3. Age on the first day of the meet determines the swimmer's age for the remainder of the meet.
 4. No entry will be accepted without a current **U.S.A. or CSA Swimming number.**
 5. No **phone entries.**
 6. The signed Agreement & Release and Summary form must accompany all entries.
 7. Meet Director reserves the right to return entries to control the size of the meet.
 8. Fly over starts and Breaks may be used as determined by Meet Personnel

SEND TO: Scott Vanderzell
927 Stony point
Grand Island, NY 14072
(716) 208-5372
Email to: sdv2@roadrunner.com

Deadline: Entries must be RECEIVED no later than **6:00 PM, October 23rd 2011.**
Teams my remove swimmers and entries after October 23rd but there will be no refund.

Waiver forms & fees must be RECEIVED no later than 6:00 PM, October 28th 2011.

Computer Program: **HYTEK Meet Manager Pro. Entries by Commlink greatly appreciated.**

Awards	Individual 8 & Under, 9 & 10, 11 & 12 Medals-1st Place Ribbons-2nd – 8th Place	Relays 12 & Under Ribbons-1st, 2nd & 3rd Place	Team Awards In lieu of team awards, additional Halloween Goodie bags will be provided.
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Scoring: **Large and Small team scoring will be for information only. No Team Awards will be given.**
Halloween Bell Ringer Goody bags to be provided in selected heats.
A coach or a designated club parent may pick up awards.
NO AWARDS WILL BE MAILED AT THE EXPENSE OF THE HOST TEAM

Programs: Programs for the meet will be on sale for \$10.00

Concessions: Food & refreshments available throughout the meet.

CONDUCT: Coaches & parents are responsible for the conduct of their swimmers. Swimmers found in restricted areas or causing damage to the facility will be barred from the meet at the discretion of the meet director. **Expenses for damages will be billed to the club/s of the swimmer/s responsible.**

DECK ID: Only Swimmers, Coaches, Officials, and Meet Personnel allowed on deck.
Coaches & Officials must wear their U.S.A. Swimming ID. No Exceptions!!

MEETINGS:
COACHES: **Prior to each session and as required.**

OFFICIALS: **Saturday and Sunday at 8:00 am.**

Order of Events

Friday

Warm-ups 4:30 P.M. Start 5:30 P.M

Event No.	Mixed	Event
1	12 & Under	200 Individual Medley
2	13 & Older	200 Individual Medley
3	12 & under	200 Freestyle
4	13 & Older	200 Freestyle
5	Open	400 Individual Medley
6	Open	500 Freestyle

Positive Check-in required at the conclusion of warm up for 400IM and 500 Freestyle

Saturday Session

Warm-ups 7:30 A.M. Start 8:30 A.M.

Event No.	Mixed	Event
7	12 & Under	50 Freestyle
8	13 & Older	50 Freestyle
9	12 & Under	100 Backstroke
10	13 & Older	100 Backstroke
11	12 & Under	100 IM
12	12 & Under	200 Butterfly
13	13 & Older	200 Butterfly
14	12 & Under	100 Breaststroke
15	13 & Older	100 Breaststroke
16	12 & Under	50 Butterfly
17	13 & Older	50 Butterfly
18	Open-Male	200 Free Relay
19	Open-Female	200 Free Relay
20	Open-Male	400 Free Relay
21	Open-Female	400 Free Relay

Sunday Session

Warm-ups 7:30 A.M. Start 8:30 A.M.

Event No.	Mixed	Event
22	12 & Under	50 Backstroke
23	13 & Older	50 Backstroke
24	12 & Under	200 Backstroke
25	13 & Older	200 Backstroke
26	12 & Under	100 Freestyle
27	13 & Older	100 Freestyle
28	12 & Under	200 Breaststroke
29	13 & Older	200 Breaststroke
30	12 & Under	100 Butterfly
31	13 & Older	100 Butterfly
32	12 & Under	50 Breaststroke
33	13 & Older	50 Breaststroke
34	Open-Female	200 Medley Relay
35	Open-Male	200 Medley Relay
36	Open-Female	400 Medley Relay
37	Open-Male	400 Medley Relay
38	Open	1000 Freestyle

Positive Check-in required at the conclusion of warm up for 1000 Freestyle

Town of Tonawanda Titans Swim Club
2011 Halloween Meet

October 28th, 29th, 30th, 2011

Held under the Sanction of USA Swimming

Sanction

ENTRY WAIVER

We, the undersigned, hold harmless U.S.A. Swimming, Inc., Niagara Swimming, Inc., the Town of Tonawanda, and the Town of Tonawanda Titans Swim Club, Inc. and any of their agents for any expense or injury incurred as a result of participation in this meet. We recognize that we are swimming at our own risk.

Signature of Coach or Club Official _____

ENTRY RECAPITULATION

TEAM _____ TEAM CODE _____

COACH _____ TEL. NO. _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

E-MAIL ADDRESS _____

CONTACT PERSON _____ TEL NO _____

Women Individual Entries _____ x \$3.50 = \$ _____

Number of Women Swimmers _____ x \$5.00 = \$ _____

Men Individual Entries _____ x \$3.50 = \$ _____

Number of Men Swimmers _____ x \$5.00 = \$ _____

Number of Relay Entries _____ x \$12.00 = \$ _____

TOTAL AMOUNT ENCLOSED \$ _____

Make checks payable to **Town of Tonawanda Titans Swim Club. Club Checks Only Please!**
(No personal checks for entries – unless Unattached)

***** THIS FORM MUST BE RETURNED WITH ENTRY FORMS *****
TO BE CONSIDERED A COMPLETE ENTRY.

Entries must be RECEIVED no later than **6:00 PM, October 23rd 2011.**

Teams my remove swimmers and entries after October 23rd but there will be no refund.

Waiver forms & fees must be RECEIVED no later than 6:00 PM, October 28th 2011.

MAIL, POSTAL EXPRESS OR FED EXPRESS TO:

Scott Vanderzell
927 Stony point
Grand Island, NY 14072
(716) 208-5372

Email to: sdv2@roadrunner.com

Niagara Swimming Inc.

Warm-up Procedures for all Sanctioned Meets in 8 Lane Pools

I. Pre-Meet warm-up period

- A. Control/Supervise - Key words for safe warm-ups.
- B. Marshals should be actively supervising the warm-ups to ensure that proper procedures are followed.

II. General warm-up period

- A. The first 30-45 minutes are for general warm-ups in all lanes.
- B. There shall be **NO DIVING** off the blocks or the edge of the pool at this time.
- C. Outside Lanes - Kicking only.
- D. Inside Lanes - Swimming and pulling only ; no paddles.
- E. No sprinting or pace work.

III. Specific warm-up period

- A. Last 30-45 minutes of pre-meet warm-up period.
- B. In an eight lane pool, each lane shall be scheduled as follows:
 - a. Lanes 1 & 8 push off one or two lengths & back, beginning at the starting end of the pool. Circle swimming only.
 - b. Lanes 2 & 7 racing start only. Swim one length only. All swimmers begin at the starting end of the pool.
 - c. Lanes 3,4,5, & 6 general warm-up only (as above) **NO DIVING**.

Important Points For Specific Warm - Up Period

1. No diving in lanes other than those designated for racing dives. The blocks should be marked to remind swimmers that they should not dive.
2. Start all swimmers in all lanes at the starting end of the pool.
3. Coaches should stand at the starting end of the pool when verbally starting swimmers on sprint or pace work.
4. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestylers or butterfly swimmers.
5. Backstrokers should be reminded of the danger of leaving simultaneously with someone on the block. No one should be allowed on the starting block until the backstroker has executed his/her start.
6. The announcer should announce lane changes and/or warm-up changes as per general and specific. The announcer can serve as the reminder of procedures.
7. Coaches should maintain as much contact with their swimmers as possible - verbal and visual - throughout the warm-up period.
8. The Coaches should understand that responsibility for supervision of their swimmers is the same at meets as when on deck at practice.
9. Marshals have the authority through the Meet Director over the warm-up. A swimmer and/or Coach may be removed from the deck for interfering with the Marshals.
10. When the number of participants for a meet session cannot be safely accommodated during the same warm-up period, warm up sessions should be split to provide a safe and adequate warm-up time for all.
11. The meet Referee shall have responsibility to establish and enforce rules for safe conduct within the competitive pool during the duration of the swimming competition.
12. The meet Safety Committee shall have responsibility for safety rules in all other areas during competition and shall assist the meet Referee in the competition pool if necessary.
13. The meet Safety Committee shall have any person deliberately violating safety rules removed from the meet facility.
14. There shall be at least one Marshal at each end of the pool to ensure the warm-up procedures will be followed.
15. Warm-up procedures shall be enforced for any breaks scheduled during the competition.
16. Discretion and common sense must be used when establishing procedures. The above procedures may modified by the meet Referee according to the needs of the meet