



**TURKEY SPLASH OPEN MEET  
SATURDAY – NOVEMBER 26, 2011**

**HOSTED BY TWST**

**“HELD UNDER THE SANCTION OF USA SWIMMING”: # NI1112-018S**  
OPEN TO ALL ELIGIBLE U.S.A. & S.N.C. SWIMMERS & TEAMS  
8 & UNDER, 10 & UNDER, 11&12, 13 – UP/OPEN

**ORCHARD PARK HIGH SCHOOL  
4040 BAKER ROAD  
ORCHARD PARK, NEW YORK, 14127**

**MEET INFO ALSO AVAILABLE @ [www.niagaraswim.org](http://www.niagaraswim.org)**

**POOL LOCATION:** From Rt. 219, Take 20A-east to Freeman Road and turn left (north), ½ mile down on right, turn right into school parking lot. Go to doors closest to parking lot entrance-pool is located just to the right of the inside doors.

**FACILITIES:** Six (6) lane 25 yard pool with Daktronics Timing System. The competition course has not been certified in accordance with 104.2.2C(4).

**MEET DIRECTOR:** **JIM RONALD**  
1935 Colvin Blvd.  
Tonawanda, New York 14150  
716-725-8340  
e-mail: [jr12bucs@roadrunner.com](mailto:jr12bucs@roadrunner.com)

**MEET MARSHALS :** Shall be provided by **TWST SWIMMING** in accordance with the requirements of the **NIAGARA DISTRICT & USA SWIMMING**. The Head Marshal for this meet will be **Jon Mac Swan**.

**OFFICIALS:** Anyone interested in officiating at this meet is welcome. Please contact Krissie Bonin @ [wdnboat@alo.com](mailto:wdnboat@alo.com) or by phone @ (716)648-1040

**TIMERS:** All timers will be provided by **TWST SWIMMING**.

**EVENTS:** The meet will be swum in accordance with the accompanying schedule of events. Fly-over starts maybe used at the discretion of Meet Director & Referee.



**ENTRY RESTRICTIONS:** No swimmer may enter more than **five (5) individual events** and **two (2) relays**. No late entries or phone calls will be accepted. Meet Director reserves the right to return entries in order to control meet size. **Deck entries permitted at the discretion of Meet Director and will be accepted in the event that there are empty lanes fees for \$3.50/ individual event & \$12.00/relay. Only a team coach or designated representative may submit a deck entry.**

- ENTRY FEES:**
1. Individual Event - - \$3.50 per event
  2. Relay Event - - \$12.00 per relay
  3. \$5.00 surcharge per swimmer required.

MAKE CHECKS PAYABLE TO: **TWST SWIMMING**

**Mail Checks and Waivers to:** **Jim Ronald**  
**1935 Colvin Blvd**  
**Tonawanda, NY 14150**

**Regular, Express Mail or FedEx - DO NOT REQUIRE A SIGNATURE FOR IT TO BE DELIVERED!**

**ENTRY FORMS/FEES must be received by 6PM SUNDAY-NOVEMBER 20, 2011.**

Accuracy of master entry form is important since seeding is done from your master entry form. Hy-Tek is the computer program. Please submit all entries electronically to Jim Ronald at [jr12bucs@roadrunner.com](mailto:jr12bucs@roadrunner.com). Those not able to submit their entries using the preferred method of Hy-Tek, please contact the Meet Director for instructions. Late entries may be accepted or returned **IN WHOLE**. Meet Management retains the right to keep the meet within a timeline.

**PLEASE REGISTER EARLY-AS OUR MEET FILLS FAST!!!!!!!**

**COACHES MEETING:** **Saturday, November 26, 2011 @ 8:15am & when required.**

<b>STARTING TIMES:</b>	<u>Warm-ups</u>	<u>Warm-up ends</u>	<u>Start</u>
SATURDAY: 10 & UNDER	7:30AM	8:20 AM	8:30 AM
SATURDAY: 11 & UP	12:00 PM*	12:50 PM	1:00 PM*

\*-PM warm-up and start time may be adjusted for meet timeline. The warm-up and start time will not begin earlier than the published times.

**SEEDING:** The meet will be **PRE-SEEDED**

**SCORING:** Per 2010 U.S.A. Swimming Rulebook

**PROGRAMS:** Will be on sale for \$5.00



**REFRESHMENT STAND:** Available at reasonable cost for the duration of the meet.

**SEATING:** Admission will be **FREE**

**PARKING:** All parking is **FREE**. The primary lot is located off Freeman Road and found by following the directions above.

**DECK ID:** **ONLY SWIMMERS, COACHES AND MEET PERSONNEL ARE ALLOWED ON POOL DECK. ALL COACHES MUST WEAR 2010 OR 2011 MEMBERSHIP ID CARDS.**

**AWARDS:** 8 & UNDER, 9-10 will have Ribbons for 1<sup>st</sup> - 12<sup>th</sup> place.  
11-12 and 13/up will have ribbons for 1<sup>st</sup> – 8<sup>th</sup> place.  
Relays Events – Ribbons for 1<sup>st</sup> – 3<sup>rd</sup> place.  
There will also be heat winners for all 10 & under events.  
Bell Ringer prize bags to be provided in selected heats

**EACH TEAM MUST DESIGNATE A REPRESENTATIVE TO SIGN AND PICK-UP AWARDS FOR THEIR TEAM.**

**CONDUCT:** We are pleased to be able to hold this meet @ ORCHARD PARK HIGH SCHOOL. All swimmers, parents, siblings and guests are to remain in the area of the school immediately adjacent to the pool area (cafeteria, locker rooms, seating area and connecting hallways). Proper conduct will be enforced by COACHES, MEET MARSHALLS and the TWST TEAM PERSONNEL. Swimmers found wandering the school may be disqualified from the meet at the discretion of the Meet Director.



## TURKEY SPLASH OPEN MEET

### Order of Events

Saturday Morning Session-10 and Under Events

Warm-up at 7:30 AM and a meet start time of 8:30 AM

Female Event Numbers	Event	Male Event Numbers
1	10-under 50 free	2
3	8-under 25 free	4
5	10-under 100 Back	6
7	10-under 50 fly	8
9	8-under 25 fly	10
11	10-under 100 free	12
13	10-under 100 breast	14
15	10-under 200 free relay	16
17	10-under 50 back	18
19	8-under 25 back	20
21	10-under 100 fly	22
23	10-under 50 breast	24
25	8-under 25 breast	26
27	10-under 100 IM	28
29	10-under 200 Medley Relay	30

### Order of Events

Saturday Afternoon Session-11 and older Events

Warm-up at 12:00 PM and a meet start time of 1:00 PM

Female Event Numbers	Event	Male Event Numbers
31	Open 50 free	32
33	Open 100 back	34
35	Open 50 fly	36
37	Open 100 free	38
39	Open 100 breast	40
41	Open 200 IM	42
43	Open 200 free relay	44
45	Open 50 back	46
47	Open 100 fly	48
49	Open 50 breast	50
51	Open 200 Medley Relay	52



# Liability Waiver and U.S.A. Swimming, Inc. Membership Meet Entry Form

## Turkey Splash Open Meet Saturday, November 26, 2011

**“Held under the Sanction of U.S.A. Swimming” : # NI1112-018S**

Enclosed is payment of the entry fees and deck fees for all events we have entered. In consideration of the acceptance of this entry, we hereby, for ourselves, our heirs, administrators, and assignees, waive and release any and all claims against the Orchard Park Town Wreckers Swim Team (TWST), Niagara Swimming (LSC), U.S.A. Swimming Inc. and the Orchard Park Central School District for injuries and/or expenses incurred by us at this meet or while on the road to and from the meet. We are bona-fide amateur athletes eligible to participate in all events entered.

Further the undersigned team representative certifies by his/her signature that all athletics participating for or entered by the team in this sanctioned swim meet are currently member athletics of U.S.A. Swimming, or a recognized FINA Organization. The undersigned further certifies that any person appearing on deck in the capacity of coach is currently a coach member of U.S.A. Swimming or of a recognized FINA Organization.

\_\_\_\_\_  
Signature of club official, parent or guardian      Date

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address:

\_\_\_\_\_  
Phone

\_\_\_\_\_  
E-mail Address

[No entry is complete without this form completed and signed. Send with club check made payable to "TWST" to 1935 Colvin Blvd, Tonawanda, New York 14150](#)



## TURKEY SPLASH OPEN MEET

November 26, 2011

“Held under the Sanction Of USA Swimming”: # NI1112-018S

### SANCTION ENTRY WAIVER

We, the undersigned, hold harmless U.S.A. Swimming Inc., Niagara Swimming Inc., the Town of Orchard Park, and the Town Wreckers Swim Team Inc. and any of their agents for any expense or injury incurred as a result of participation in this meet. We recognized that we are swimming at our own risk.

Signature of Coach or Club Official: \_\_\_\_\_

#### ENTRY RECAPITULATION

TEAM \_\_\_\_\_ TEAM CODE \_\_\_\_\_

COACH \_\_\_\_\_ TEL. NO. \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

E-MAIL \_\_\_\_\_

CONTACT PERSON \_\_\_\_\_ TEL. NO. \_\_\_\_\_

WOMEN INDIVIDUAL ENTRIES \_\_\_\_\_ X \$3.50 = \$ \_\_\_\_\_

NUMBER OF WOMEN SWIMMERS \_\_\_\_\_ X \$5.00 = \$ \_\_\_\_\_

MEN INDIVIDUAL ENTRIES \_\_\_\_\_ X \$3.50 = \$ \_\_\_\_\_

NUMBER OF MEN SWIMMERS \_\_\_\_\_ X \$5.00 = \$ \_\_\_\_\_

NUMBER OF RELAY ENTRIES \_\_\_\_\_ X \$12.00 = \$ \_\_\_\_\_

**TOTAL AMOUNT ENCLOSED** \$ \_\_\_\_\_

Make checks payable to: **TWST SWIMMING**

**CLUB CHECKS ONLY PLEASE!! (NO PERSONAL CHECKS FOR ENTRIES-UNLESS UNATTACHED**

**\*THIS FORM MUST BE RETURNED WITH ENTRY FORMS TO BE CONSIDERED A COMPLETE ENTRY\***

Entries must be RECEIVED no later than **6:00 PM, NOVEMBER 20, 2011**

Waiver form & fees must be RECEIVED NO LATER THAN **6:00PM, NOVEMBER 25, 2011**

MAIL OR POSTAL EXPRESS TO: **JIM RONALD**  
1935 Colvin Blvd.  
Tonawanda, New York 14150  
e-mail: [jr12bucs@roadrunner.com](mailto:jr12bucs@roadrunner.com)



## NIAGARA SWIMMING INC.

### WARM-UP PROCEDURES FOR ALL SANCTIONED MEETS IN 6 LANE POOL

#### I. Pre-Meet warm-up period

##### A. Control/Supervise – Key words for safe warm-ups.

B. Marshals should be actively supervising the warm-ups to ensure that proper procedures are followed.

#### II. General warm-up period

A. The first 30-45 minutes are good for general warm-ups in all lanes.

B. There shall be **NO DIVING** off the blocks or the edge of the pool at this time.

C. Outside Lanes – Kicking only.

D. Inside Lanes – Swimming and pulling only, no paddles.

E. No sprinting or pace work.

#### III. Specific warm-up period

A. Last 30 – 45 minutes of pre-meet warm-up period.

B. In a six(6) lane pool, each lane shall be scheduled as follows

a. Lanes 1 & 6 push off one(1) or two(2) lengths & back, beginning at the starting end of pool. Circle swimming only.

b. Lanes 2 & 5 racing start only. All swimmers begin at the starting end of pool.

c. Lanes 3 & 4 general warm only (as above) **NO DIVING.**

### IMPORTANT POINTS FOR SPECIFIC WARM-UP PERIOD

1. No diving in lanes other than those designated for racing dives. The blocks should be marked to remind swimmers that they should not dive.
2. Start all swimmers in all lanes at the starting end of pool.
3. Coaches should stand at the starting end of pool when verbally starting swimmers on sprint or pace work.
4. Swimmers should be reminded by coaches that breaststrokers need more lead time than freestylers or butterfly swimmers.
5. Backstrokers should be reminded of the danger of leaving simultaneously with someone on the block. No one should be allowed on the starting block until the backstroker has executed his/her start.
6. The announcer should announce lane changes and /or warm-up changes as per general and specific. The announcer can serve as the reminder of procedures.
7. Coaches should maintain as much contact with their swimmers as possible-verbal & visual-throughout the warm-up period.
8. The Coaches should understand that responsibility for supervision of their swimmers is the same at meets as when on deck at practice.
9. Marshals have the authority through the Meet Director over warm-up. A swimmer and/or Coach may be removed from the deck for interfering with Marshals.
10. When the number of participants for a meet session cannot be safely accommodated during the same warm-up period, warm-up sessions should be split to provide a safe and adequate warm-up time for all.
11. The meet Referee shall have responsibility to establish and enforce rules for safe conduct within the competitive pool during the duration of the swimming competition.
12. The meet Safety Committee shall have responsibility for safety rules in all other areas during competition and shall assist the meet Referee in the competition pool if necessary.
13. The meet Safety Committee shall have any person deliberately violating safety rules removed from meet facility.
14. There shall be at least one Marshal at each end of pool to ensure the warm-up procedures will be followed.
15. Warm-up procedures shall be enforced for any breaks scheduled during competition.
16. Discretion and common sense must be used when establishing procedures. The above procedures may be modified by the meet Referee according to the needs of the meet.