



Skaneateles Final Countdown

2/21/2026

Sanction #

Hosted by:



MEET DIRECTOR Paul Hon Phone:315-685-2266 Email:phon@skancc.com	MEET REFEREE Bob Nicita Phone:315-263-3054 Email:bnicita@gmail.com	CLUB OFFICIALS CHAIR Jim Olmstead Phone: 301-908-9871 jim_olmsted_2000@yahoo.com
SANCTION	<ul style="list-style-type: none">• Held under the sanction of USA Swimming through Niagara Swimming.• In granting this sanction it is understood and agreed that USA Swimming, Niagara Swimming, Skaneateles Lightning, and Skaneateles Community Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.	
FACILITY	<p>SkaneatelesCommunityCenter 97 State St Skaneateles, NY 13152 315-685-2266</p> <ul style="list-style-type: none">• 8 lanes 25 yards (SCY) ▾• Water depth range of 13ft at the starting end and 4 1/2ft at the turning end. • <p>Meet host will ensure there quired course dimensions.</p>	
ENTRY DEADLINE	<p>2/13/2025 by midnight</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>	
SCHEDULE	<p>Saturday 2/21/2026</p> <p>Open Session: Warm ups start at 9:00am Meet starts at 10:00am</p> <ul style="list-style-type: none">• Meet Director reserves the right to adjust times/sessions after entries are received.	
ELIGIBILITY	<ul style="list-style-type: none">• Open to all registered USA Swimmers.• No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.	
DISABILITY SWIMMERS	<ul style="list-style-type: none">• NI and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the NI BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.	
TIMING SYSTEM	<ul style="list-style-type: none">• Automatic timing will be used.	
RULES	<ul style="list-style-type: none">• Current USA Swimming rules shall govern this meet.• All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of	

	<p>this competition.</p> <ul style="list-style-type: none"> • No on-deck USA-S registration is permitted. • In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per NI policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Dive-over starts will be used. • The Meet Director and the NI Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	<ul style="list-style-type: none"> • • Maximum individual events is 5 • • No deck entries will be accepted.
WARM-UP	The prescribed NI warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.
SUPERVISION	<ul style="list-style-type: none"> • Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.
SEEDING	<ul style="list-style-type: none"> • Seeded slow to fast for all events.
SCORING	<ul style="list-style-type: none"> • No Scoring
AWARDS	<ul style="list-style-type: none"> • No Awards
PROGRAMS	<ul style="list-style-type: none"> • Will be available for sale.
CREDENTIALS	<ul style="list-style-type: none"> • Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
OFFICIALS	<ul style="list-style-type: none"> • Officials interested in volunteering should contact Team App. • Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.

TIMERS	<ul style="list-style-type: none"> Participating clubs are requested to help provide timers.
ENTRY PROCEDURES	<ul style="list-style-type: none"> Entries should be submitted by email to the Meet Director. Include in the subject of the email, "Skan Final meet - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files, include the training site in the subject of the email. Include in the entry email: entry file, report of entries by name, report of entries by event. In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). Entries directly from individual team members will not be accepted. Entries by phone or fax will not be accepted. The Meet Director will acknowledge receipt by return email within 48 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by NI and no further entries will be accepted from that club until the said fine is paid.
ENTRY FEES	<p style="text-align: center;">Per Swimmer Surcharge: \$8 Individual event fee: \$5</p> <ul style="list-style-type: none"> Make checks payable to Skaneateles Community Center. Checks may be mailed to: 97 state street, Skaneateles, NY, 13152 Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check. Entry fees are due with meet entry. Unpaid fees will be reported to the NI Administrative Office at the conclusion of the meet.
Available Medical Supervision/Equipment	<ul style="list-style-type: none"> Medical assistance will be provided at the facility. If you require medical assistance, please notify a member of the meet staff. AED, backboard, & First Aid supplies at facility.

Skaneateles Last Countdown

2/21/2026

Session 1 OPEN

(Mixed OPEN)

1. 200 IM
2. 100 Backstroke
3. 50 Butterfly
4. 200 Freestyle
5. 100 Breaststroke

5min break

6. 50 Freestyle
7. 100 Butterfly
8. 500 Freestyle
9. 100 IM

10. 200 Backstroke

5min break

11. 50 Breaststroke
12. 100 Freestyle
13. 200 Butterfly
14. 50 Backstroke
15. 200 breaststroke

5min break

16. 400 IM
17. 1650 Freestyle