



# Skaneateles SKINS Meet

12/20/2025

Sanction # NI-2526-047

Hosted by:



<b>MEET DIRECTOR</b> Paul Hon Phone:315-685-2266 Email:phon@skancc.com	<b>MEET REFEREE</b> Bob Nicita Phone:315-263-3054 Email:bnicita@gmail.com	<b>CLUB OFFICIALS CHAIR</b> Mark Drotar Phone:315-254-7004 Email:m_drotar@yahoo.com
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<b>SANCTION</b>	<ul style="list-style-type: none"> <li>Held under the sanction of USA Swimming through Niagara Swimming:<b>NI-2526-047</b>.</li> <li>In granting this sanction it is understood and agreed that USA Swimming, Niagara Swimming, Skaneateles Lightning, and Skaneateles Community Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> </ul>
<b>FACILITY</b>	<p style="text-align: center;"><b>SkaneatelesCommunityCenter</b>            97 State St            Skaneateles, NY 13152            315-685-2266</p> <ul style="list-style-type: none"> <li>8 lanes 25 yards (SCY) ▾</li> <li>Water depth range of 13ft at the starting end and 4 1/2ft at the turning end. •</li> </ul> <p>Meet host will ensure there quired course dimensions.</p>
<b>ENTRY DEADLINE</b>	<p style="text-align: center;"><b>12/11/2025 by midnight</b></p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
<b>SCHEDULE</b>	<p><b>Saturday 12/20/2025</b> 12&amp;Under Session 1 Timed Finals: Warm up 9:00am Starts at 10:00am</p> <p><b>Saturday 12/20/2025</b> 13&amp;Over Session 2 Prelims: Warm up 2:00pm Starts at 3:00pm</p> <p><b>Sunday 12/21/2025</b> 13&amp;Over Session 3 Prelims/Finals: Warm up 11:00am Starts at 12:00pm</p> <ul style="list-style-type: none"> <li>Meet Director reserves the right to adjust times/sessions after entries are received.</li> </ul>
<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>Open to all registered USA Swimmers.</li> <li>No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.</li> </ul>
<b>DISABILITY SWIMMERS</b>	<ul style="list-style-type: none"> <li>NI and host clubs along with their meet directors are committed to <a href="#">the Inclusion Policy</a> as adopted by the NI BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.</li> </ul>
<b>TIMING SYSTEM</b>	<ul style="list-style-type: none"> <li>Automatic timing will be used.</li> </ul>
<b>RULES</b>	<ul style="list-style-type: none"> <li>Current USA Swimming rules shall govern this meet.</li> <li>All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <a href="#">Minor Athlete Abuse Prevention Policy</a> ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of</li> </ul>



	<p>this competition.</p> <ul style="list-style-type: none"> <li>• No on-deck USA-S registration is permitted.</li> <li>• In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per NI policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>• Deck changes are prohibited.</li> <li>• Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>• Dive-over starts will be used.</li> <li>• The Meet Director and the NI Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per Rule 205.3.1F.</li> </ul>
<b>EVENT RULES</b>	<ul style="list-style-type: none"> <li>• Prelims Session 1&amp;2- Timed Prelims/Finals Session 3</li> <li>• Maximum individual events is 5</li> <li>• No deck entries will be accepted.</li> </ul>
<b>WARM-UP</b>	The prescribed NI warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments.
<b>SUPERVISION</b>	<ul style="list-style-type: none"> <li>• Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.</li> </ul>
<b>SEEDING</b>	<ul style="list-style-type: none"> <li>• Seeded slow to fast for all events.</li> </ul>
<b>SCORING</b>	<ul style="list-style-type: none"> <li>• No Scoring</li> </ul>
<b>AWARDS</b>	<ul style="list-style-type: none"> <li>• 1st-8<sup>th</sup> place ribbons for Prelims in Session 1.</li> <li>• Session 3 Finals 1<sup>st</sup> place winners receive prizes.</li> </ul>
<b>PROGRAMS</b>	<ul style="list-style-type: none"> <li>• Will be available for sale.</li> </ul>
<b>CREDENTIALS</b>	<ul style="list-style-type: none"> <li>• Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.</li> </ul>
<b>OFFICIALS</b>	<ul style="list-style-type: none"> <li>• Officials interested in volunteering should contact Team App.</li> <li>• Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.</li> </ul>

<b>TIMERS</b>	<ul style="list-style-type: none"> <li>Participating clubs are requested to help provide timers.</li> </ul>
<b>ENTRY PROCEDURES</b>	<ul style="list-style-type: none"> <li>Entries should be submitted by email to the Meet Director. Include in the subject of the email, "Skan Skins Meet - *****" with the club's initials in place of the asterisks. If your club submits multiple entry files, include the training site in the subject of the email. Include in the entry email: entry file, report of entries by name, report of entries by event. In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact).</li> <li>Entries directly from individual team members will not be accepted.</li> <li>Entries by phone or fax will not be accepted.</li> <li>The Meet Director will acknowledge receipt by return email within 48 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director.</li> <li>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by NI and no further entries will be accepted from that club until the said fine is paid.</li> </ul>
<b>ENTRY FEES</b>	<p style="text-align: center;"><b>Per Swimmer Surcharge: \$10      Individual event fee: \$8</b>  <b>Relays \$15 per team</b></p> <ul style="list-style-type: none"> <li>Make checks payable to Skaneateles Community Center.</li> <li>Checks may be mailed to: 97 state street, Skaneateles, NY, 13152</li> <li>Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check.</li> <li>Entry fees are due with meet entry. Unpaid fees will be reported to the NI Administrative Office at the conclusion of the meet.</li> </ul>
<b>Available Medical Supervision/Equipment</b>	<ul style="list-style-type: none"> <li>Medical assistance will be provided at the facility. If you require medical assistance, please notify a member of the meet staff. AED, backboard, &amp; First Aid supplies at facility.</li> </ul>

## **2025 Skaneateles Skins meet rules for prelim/finals**

### **Rules:**

- **The top 8 from each 50-stroke & relay event from Day 1 will be invited back to compete in day 2 of Skins races.**
- **Finals will consist of both Male and female.**
- **This will be Open age group.**
- **If a swimmer DQs in prelims, the next swimmer who finishes first, advances.**
- **There will be a 5 min break after each 50 event.**

**Skin races' rounds will be conducted every 3 minutes (warm down during this time is permitted) the athletes who advance will return behind the blocks after rounds 1 & 2.**

### **Breakdown:**

- 1st Round 8 athletes. After heat is finished (3 Min Break)**
- 2nd Round 4 athletes. After heat is finished (3 Min Break)**
- Final Round 2 athletes. First place winner claims prize.**

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# **Session 1 Day 1 Prelims**

## **12&Under**

- 1. Girls 200y free relay**
- 2. Boys 200y free relay**  
**5min break**
- 3. Mixed 50 Freestyle**
- 4. Mixed 100 Butterfly**
- 5. Mixed 50 Backstroke**
- 6. Mixed 25 Breaststroke**  
**5min break**
- 7. Mixed 25 Butterfly**
- 8. Mixed 100 Freestyle**
- 9. Mixed 100 Breaststroke**
- 10. Mixed 50 Butterfly**
- 11. Mixed 25 Backstroke**  
**5min break**
- 12. Mixed 50 Breaststroke**
- 13. Mixed 25 Freestyle**
- 14. Mixed 100 Backstroke**

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# **Session 2 Day 1 Prelims**

## **13&Over**

**15. Girls 200y free relay**

**16. Boys 200y free relay**

**5min break**

**17. Open Mixed 50 Freestyle**

**18. Open Mixed 100 Butterfly**

**19. Open Mixed 50 Backstroke**

**20. Open Mixed 100 Breaststroke**

**5min break**

**21. Open Mixed 50 Butterfly**

**22. Open Mixed 100 Backstroke**

**23. Open Mixed 100 IM**

**24. Open Mixed 50 Breaststroke**

**25. open mixed 100 freestyle**

**5min break**

**26. Open Mixed 200 Butterfly**

**27. Open Mixed 500 Freestyle**

# **Session 3 Day 2 Finals**

## **13&Over**

**28. Girls 50 Backstroke Finals SKINS**

**29. Boys 50 Backstroke Finals SKINS**

**5min break**

**30. Girls 50 Freestyle Finals SKINS**

**31. Boys 50 Freestyle Finals SKINS**

**5min Break**

**32. Girls 50 Breaststroke Finals SKINS**

**33. Boys 50 Breaststroke Finals SKINS**

**5min break**

**34. Girls 50 Butterfly Finals SKINS**

**35. Boys 50 Butterfly Finals SKINS**

**5min Break**

**36. Girls 200 Free relay Finals SKINS**

**37. Boys 200 Free relay Finals SKINS**